



AREA AGENCY ON AGING

49 Blackburn Center, Gloucester, MA 01930 • 978-281-1750 • 1-866-927-1050

Fax 978-281-1753 • TDD 978-282-1836

www.seniorcareinc.org

COVID-19 UPDATE:

Several transportation service providers and Senior Centers have temporarily shifted their service offerings due to Covid-19, and not all transportation services are fully functioning.

It is recommended that consumers use this guide as a reference and resource, and to contact the service provider in order to verify current information.

TRANSPORTATION OPTIONS

Updated December 2020

MEDICAL & GENERAL

A Transportation Resource Guide for Older Adults and Residents with Disabilities within SeniorCare's Planning and Service Area

SERVING

Beverly, Essex, Gloucester, Hamilton, Ipswich,
Manchester By-The-Sea, Rockport, Topsfield and Wenham

FOR MORE INFORMATION

RSVP Volunteers of the North Shore, SeniorCare Inc.

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SENIORCARE MEDICAL TRANSPORTATION PROGRAM

Updated 12/2020

SeniorCare Inc.
49 Blackburn Center
Gloucester, MA 01930
978-281-1750 x573
seniorcareinc.org

COVID-19 INFO: SeniorCare's Medical Transportation Program continues to provide transportation for essential medical appointments during the current pandemic while implementing amended safety procedures, which will be provided to all consumers and volunteers. Our goal is to ensure that our consumers can receive access to necessary medical care, while we do our best to ensure the safety for both you and the volunteer drivers.

In addition, SeniorCare's Medical Transportation Program is currently operating Door-to-Door: Volunteers DO NOT enter a consumer's home nor do they enter the medical facility during this time.

Program:	RSVP Volunteers provide a door-through-door escort service to and from local and out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.
Eligibility:	For people 60+ who are self-mobile and not needing physical assistance, wheelchairs or oxygen tanks, and reside within SeniorCare's jurisdiction.
Service Area:	Residents within SeniorCare's jurisdiction: Beverly, Essex, Gloucester, Hamilton, Ipswich, Manchester-by-the-Sea, Rockport, Topsfield, and Wenham. Consumers may travel both within and outside these communities.
Cost:	No fee. <i>A voluntary donation is suggested related to the number and length of trips per month; this request is mailed monthly. Donations cover the costs of the program and mileage reimbursements for the Volunteer Drivers. Clients pay for tolls and parking fees. Volunteers cannot accept tips or gifts but can accept donation checks to help support SeniorCare's programs.</i>
Hours:	Scheduling: Monday - Friday 9:00 AM - 12:00 Noon Operating Hours (Rides): Monday - Friday 8:00 AM - 4:00 PM <i>Exception: Holidays and when SeniorCare is closed</i>
Scheduling:	Rides may be scheduled as soon as appointments are made. Advance notice of <u>at least 3 business days</u> is required (<u>at least 7 business days</u> for Burlington or Boston appointments).
Reservations:	Coordinator: 978-281-1750 x573 or 866-927-1050 x573 Supervisor: 978-281-1750 x572 carole.mcnair@seniorcareinc.org

Important Notes:

- This program is for medical transportation rides ONLY. Volunteer Drivers are not permitted to transport Consumers to the grocery store, bank, or run any other type of errands.
- Consumers should call with a transportation request as soon as a medical appointment is made, but no less than 3 business days prior.
- Long distance appointments such as **Boston** and **Burlington** should be scheduled between the hours of 11am and 1pm to avoid rush hour traffic.
- For lengthy appointments, arrangements may be made for either a drop-off or pick-up but may not always accommodate both ways.
- Consumers may be provided with more than one ride during a week but should be reminded that Volunteer Drivers must be shared with many Consumers.
- The Coordinator will provide Consumers with medical transportation options in their area (which can, and should, be utilized).

How to Schedule a Ride:

1. Call the Coordinator at 978-281-1750 X573 between 9:00 and 12:00 noon.
If you call after noon, leave a detailed message including your name and phone number.
2. State the date, time and length of appointment, doctor's name, and office or hospital address.
3. The Coordinator will reach out to Volunteer Drivers to provide transportation.
4. The Coordinator will call you with the Volunteer Driver's name or notify you if no Volunteers are available.
5. The Volunteer Driver will call the Consumer no later than the day before the ride to introduce themselves. They will arrange a pick-up time and discuss any pertinent details about the ride.
6. Be ready to go when the Volunteer Driver arrives at your home to pick you up!
7. If the ride needs to be canceled, it is imperative that you contact the Coordinator immediately. If the Coordinator can't be reached, ask to speak with the Transportation Supervisor or leave a message with the SeniorCare Receptionist.

BEVERLY TRANSPORTATION OPTIONS

Updated 12/2020

Beverly Council on Aging

Senior Community Center

90 Colon Street

Beverly, MA 01915

Main: 978-921-6017

Transportation: 978-921-6078

beverlyma.gov/departments/council-on-aging/transportation/

COVID-19 INFO:

At this time, Transportation options provided by the Beverly COA are running with limited capacity (see details below).

Program: The Beverly Senior Center offers curb-to-curb, wheelchair accessible, in-town transportation in addition to out-of-town medical transportation.

COVID-19 Service Updates: Staff and Riders will be required to follow several new protocols. These are all to minimize the risk of transmission of the virus. The new requirements include the following:

- Riders will be screened for health symptoms prior to entering the bus
- Drivers will follow proper hand hygiene and wear masks
- Drivers will ensure riders maintain social distancing and/or assign seating
- Riders must wear a mask except for the reasons specified in the Governor's order
- There will be no eating or drinking in the vehicles
- There may be screening ahead of and at the time of service
- New vehicle-cleaning protocols may impact scheduling

A maximum of 3 passengers at a time per bus with one driver will be allowed. Each rider will be required to wear a mask and sit in bus seats assigned by the bus driver. Drivers will wipe down all surfaces after each ride and thoroughly disinfect each bus at the end of each workday.

Eligibility: Beverly residents age 60+ and individuals with a disability. Must complete registration packet before first ride.

Service Area: In-town transportation to medical appointments, physical therapy, grocery, and drug store visits.

The Senior Center van provides medical transportation to Lahey Peabody, Lahey Danvers, and Mass. General in Danvers on Tuesdays and Thursdays only. Please contact the Transportation Department for further information regarding out-of-town medical appointments.

Cost: **Due to COVID: Riders are required to purchase a \$10 or \$20 bus ticket to avoid exchange of cash. You may buy a bus ticket on the first day you ride the van.**

\$1 each way for a ride within Beverly

\$4 each way for out-of-town medical appointments

Hours:

Monday, Tuesday, Wednesday:	8:30am – 3:00pm
Thursday:	8:30am – 5:00pm
Friday:	8:30am – 12:00pm

Scheduling: Reservations may be made up to 2 weeks in advance but no later than 2 business days before the date of service.

Reservations: 978-921-6078

SeniorCare Medical Transportation Program

978-281-1750 x573

seniorcareinc.org

RSVP Volunteers provide a door-to-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to schedule appointments, request appointments, and to learn about current COVID procedures to keep you and your driver safe.

THE RIDE

617-337-2727 – Eligibility Center

mbta.com/accessibility/the-ride

Program:	An origin-to-destination, handicapped accessible, shared ride service for people who are eligible under the Americans with Disabilities Act guidelines.
Eligibility:	People with disabilities, including seniors, who are registered with THE RIDE. COVID-19 Update: In-person appointments are temporarily not required until further notice To apply or recertify for THE RIDE, you will need to appear in-person for a confidential interview with a Mobility Coordinator. To set up an interview and note what you need to bring, contact THE RIDE eligibility Center at 617-337-2727. <i>Immediate Service for Medical Necessity provides 30 days of full service to individuals when requested by healthcare providers, hospitals, or treatment centers to deal with a medical emergency.</i>
Service Area:	Topsfield, Beverly, Boston, Danvers, Peabody, Salem, and many more (call or refer to website for complete list).
Cost:	\$3.00 each way (No Cash is accepted; Account must be funded in advance.)
Hours:	Monday through Friday, 8:30AM to 3:30PM (evening by request)
Scheduling:	1-7 days in advance
Reservations:	844-427-7433 between 8:30AM - 5PM, or https://rider.routematch.com TTY: 857-206-6569

Additional Transportation Resources

Beverly Shuttle	canntan.com	978-283-7916
MBTA Commuter Rail	mbta.com/schedules/commuter-rail	617-222-3200
MassHealth Transportation (PT-1)	mass.gov (healthcare transportation)	800-841-2900
Taxi Services:	Tri-City Taxi	978-531-3112
Beauport Ambulance Service	beauportambulanceservice.com/	978-281-6955

American Cancer Society Road to Recovery	cancer.org Suspended due to COVID	800-227-2345
North Shore Regional Dialysis Center	Freseniuskidneycare.com	800-881-5101
Veterans' Services/City of Beverly	beverlyma.gov	978-778-5000
Mobility Links	glss.net	888-499-5324
Ride Match	massridematch.org	800-483-2500
Ride Sharing:	Uber – Uber.com	Lyft - lyft.com

ESSEX TRANSPORTATION OPTIONS

Updated 12/2020

Essex Senior Center / Council on Aging

17 Pickering Street
Essex, MA 01929
978-768-7932
essexma.org

Program:	Cape Ann Transportation Authority, in conjunction with the Essex COA and the town of Essex provides van service for medical appts., shopping, banking, etc. Vans are wheel-chair accessible; escorts & service animals allowed.
Eligibility:	Essex residents age 60+.
Service Area:	Hamilton, Wenham, Beverly, Manchester-by-the-Sea, Gloucester, Rockport, Essex, Ipswich, Rowley, Salem, Peabody, and Danvers. Transportation is available to the North Shore Regional Dialysis Center in Beverly, Monday through Saturday, for 1 st and 2 nd shift dialysis treatments.
Cost:	Suggested donation of \$2.50 one-way for out-of-town trips.
Hours:	Monday through Friday, 8AM – 4PM.
Scheduling:	At least two <u>business</u> days' notice is required. For example, call no later than Thursday for a Monday ride. Transportation to and from a location must be scheduled at the same time.
Reservations:	978-283-7916 OR, if you need additional assistance, call: Essex COA Staff – 978-768-7932 (press 1 for front desk)

SeniorCare Medical Transportation Program

978-281-1750 x573
seniorcareinc.org

RSVP Volunteers provide a door-to-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to schedule appointments, request appointments, and to learn about current COVID procedures to keep you and your driver safe.

Group Shopping (CATA)

978-283-7916 (call CATA to reserve a space)

Please note: You must register with CATA, which can take up to a week to complete. Forms are available at the Gloucester Council on Aging, by calling CATA, or visiting the CATA website (cantran.com) - \$5 per passenger and a limit of 2 bags

Wednesday: ~~Departs Essex COA at 10AM; Departs location at 1PM~~ – **These trips are Suspended**

Week 1: Walmart

Week 2: Christmas Tree Shop

Week 3: Trader Joes

Week 4: Liberty Tree/North Shore Malls

Week 5: Ocean State Job Lots

Friday: Market Basket, Rowley. Bus picks you up at your home at approximately 9:30AM; 1 hour to shop.

Seniors on the Go (A Manchester-by-the-Sea/Essex Partnership)

Group trips to provide increased access to healthy food and fitness opportunities. Rides will be provided by the Manchester-by-the-Sea Council on Aging Vehicle. For more information, contact the Manchester-by-the-Sea Council on Aging at 978-526-7500 or the Essex Council on Aging at 978-768-7932.

Additional Transportation Resources

MassHealth Transportation (PT-1)	mass.gov (healthcare transportation)	800-841-2900
Taxi Services:	Gloucester Taxi 978-283-0099	
Beauport Ambulance Service	beauportambulanceservice.com/	978-281-6955
American Cancer Society Road to Recovery	cancer.org Suspended due to COVID	800-227-2345
North Shore Regional Dialysis Center	freseniuskidneycare.com	800-881-5101
Eastern Essex District Department of Veterans' Services	eessexvets.com	978-356-3915
Mobility Links	glss.net	888-499-5324
Ride Match	massridematch.org	800-483-2500
Ride Sharing:	Uber - uber.com	Lyft - lyft.com

GLOUCESTER TRANSPORTATION OPTIONS

Updated 12/2020

Gloucester Council on Aging / Rose Baker Senior Center

6 Manuel F. Lewis Street, Gloucester, MA 01930
978-281-9765
gloucester-ma.gov

COVID-19 INFO:

At this time, Transportation provided by the Gloucester COA is suspended.

Emergency COVID-19 Livery Service:
Free cab service for many transportation needs, including medical appointments and deliveries of meals, food pantry supplies and prescriptions, just to name a few. Contact the Gloucester COA for further details and to schedule a ride.

- Program:** ~~Volunteers provide a door-to-door escort service to and from local and out-of-town medical appointments~~
- Eligibility:** Gloucester and Rockport residents aged 60+.
- Service Area:** Open; Boston trips are limited.
- Cost:** No fee. Donation is appreciated.
- Hours:** Monday through Friday, 9AM to 4PM
- Scheduling:** Rides must be scheduled at least 3 days in advance.
- Reservations:** 978-281-9765 x17

~~The Gloucester Council on Aging also operates an 8-passenger van, with volunteer drivers, transports Seniors to the RMV monthly, as well as shopping trips and to restaurants. Contact the COA for a schedule of trips and sign up at the Senior Center reception desk.~~

CATA Dial-a-Ride

978-283-7916

- Program:** A door-to-door service to and from local appointments and activities, with medical appointments given priority
- Eligibility:** Older adults age 60+ and adults age 18+ who have a physical, mental, or cognitive disability. Must register with CATA's Dial-a-Ride program in advance.
- Service Area:** Rockport, Gloucester, and organized trips outside Cape Ann
- Cost:** \$2.00 - \$2.50 for local rides
- Hours:** Monday through Friday 9:00AM - 2:30PM
- Scheduling:** Up to a month in advance, but no later than 1:00 PM on the day preceding the date of service
- Reservations:** 978-283-7916

SeniorCare Medical Transportation Program

978-281-1750 x573, seniorcareinc.org

RSVP Volunteers provide a door-to-door escort service to and from local and out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to schedule appointments, request appointments, and to learn about current COVID procedures to keep you and your driver safe.

Group Shopping (CATA) - **Suspended**

978-283-7916 (call CATA to reserve a space)

Please note: You must register with CATA, which can take up to a week to complete. Forms are available at the Gloucester Council on Aging, by calling CATA, or visiting the CATA website (canntan.com)

Monday: Group bus trip departing Rose Baker Senior Center weekly at 9:45AM. Return trip departs location at 1PM. \$5.00 roundtrip. 2 bag limit

Week 1: Walmart

Week 2: Christmas Tree Shop

Week 3: Trader Joes

Week 4: Liberty Tree/North Shore Malls

Week 5: Ocean State Job Lots

Seniors on the Go

FREE group trips to provide increased access to healthy food and fitness opportunities for Gloucester residents age 65+. Contact the Gloucester Council on Aging at 978-281-9765 for a current schedule and additional details.

Additional Transportation Resources

Cape Ann Transportation Authority (CATA bus service)	canntan.com	978-283-1886
MBTA Commuter Rail	mbta.com/schedules/commuter-rail	617-222-3200
MassHealth Transportation (PT-1)	mass.gov (healthcare transportation)	800-841-2900
Taxi Service	Gloucester Taxi	978-281-0099
Beauport Ambulance Service	beauportambulanceservice.com/	978-281-6955
American Cancer Society Road to Recovery	cancer.org Suspended due to COVID	800-227-2345
North Shore Regional Dialysis Center	frenseniuskidneycare.com	800-881-5101
Cape Ann Veterans' Services	gloucester-ma.gov	978-281-9740
Mobility Links	glss.net	888-499-5324
Ride Match	massridematch.org	800-483-2500
Ride Sharing:	Uber - uber.com	Lyft - lyft.com

HAMILTON TRANSPORTATION OPTIONS

Updated 12/2020

Hamilton Council on Aging

Hamilton Senior Center
299 Bay Road
South Hamilton, MA 01982
978-468-5595
hamiltonma.gov/council-on-aging/

Program:	Cape Ann Transportation Authority, in conjunction with the Hamilton Council on Aging and the Town of Hamilton, provides van service for medical appointments, shopping, banking, etc. Vans are wheel-chair accessible; escorts & service animals allowed.
Eligibility:	Hamilton residents age 60+.
Service Area:	Hamilton, Wenham, Beverly, Manchester-by-the-Sea, Gloucester, Rockport, Essex, Ipswich, Rowley, Salem, Peabody, and Danvers. Transportation is available to the North Shore Regional Dialysis Center in Beverly, Monday through Saturday, for 1 st and 2 nd shift dialysis treatments.
Cost:	Suggested donation of \$2.50 one-way for out-of-town trips.
Hours:	Monday through Friday, 8AM – 4PM.
Scheduling:	At least two <u>business</u> days' notice is required. For example, call no later than Thursday for a Monday ride. Transportation to and from a location must be scheduled at the same time.
Reservations:	978-283-7916

SeniorCare Medical Transportation Program

978-281-1750 x573
seniorcareinc.org

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to schedule appointments, request appointments, and to learn about current COVID procedures to keep you and your driver safe.

Additional Transportation Resources

MBTA Commuter Rail	mbta.com/schedules/commuter-rail	617-222-3200
MassHealth Transportation (PT-1)	mass.gov (health care transportation)	800-841-2900
Taxi Services:	Tri-City Taxi 978-531-3112	Gloucester Taxi 978-283-0099
Action Ambulance Service	actionambulance.com/	978-253-2600
American Cancer Society Road to Recovery	cancer.org Suspended due to COVID	800-227-2345
North Shore Regional Dialysis Center	freseniuskidneycare.com	888-373-1470
Eastern Essex District Department of Veterans' Services	eessexvets.com	978-356-3915
Mobility Links	glss.net	888-499-5324
Ride Match	massridematch.org	800-483-2500
Ride Sharing:	Uber – Uber.com	Lyft - lyft.com

IPSWICH TRANSPORTATION OPTIONS

Updated 12/2020

Ipswich Council on Aging

Ipswich Senior Center
25 Green Street
Ipswich, MA 01938
978-356-6650

ipswichma.gov/Council-on-Aging

Emergency COVID-19 Livery Service:

Free cab service for many transportation needs, including medical appointments and deliveries of meals, food pantry supplies and prescriptions, just to name a few. Contact the Ipswich COA for further details and to schedule a ride.

Program: The Ipswich Council on Aging coordinates curb-to-curb transportation for seniors traveling to various locations in Ipswich as well as out-of-town medical appointments.

Eligibility: Ipswich residents age 60+
Pre-registration is required

Service Area: **IN-TOWN:** Transportation to local medical appts., the Senior Center, grocery stores, pharmacy, library, etc. is provided by the Ipswich Senior Center Van.

Cost: \$2 round-trip

Hours: Monday through Thursday 8AM – 4PM

Scheduling: At least 24 hours in advance.

OUT-OF-TOWN: Transportation provided by CATA (Cape Ann Transportation Authority) to medical appointments including:

Addison Gilbert Hospital	Beverly Hospital Campus
Cape Ann Medical Center	Cummings Center
Fresenius Medical Center	Gordon Center for balance & mobility
Lahey Danvers	Lahey Peabody
Mass. General / North Shore	Center for Outpatient Care

Volunteer drivers provide rides to areas outside CATA service area when available.

CATA suggests you bring a snack & reading material as wait times can vary.

Reservations: Monday through Friday, 8AM - 4PM at 978-356-6650

Ipswich Council on Aging Group Shopping:

Contact the Council on Aging for details and reservations – 978-356-6650

Monday through Thursday – The Council on Aging van provides transportation to Market Basket beginning at 1:00.

Friday – The Council on Aging van provides transportation to various locations beginning at noon.

SeniorCare Medical Transportation Program

978-281-1750 x573

seniorcareinc.org

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to schedule appointments, request appointments, and to learn about current COVID procedures to keep you and your driver safe.

Additional Transportation Resources

MBTA Commuter Rail	mbta.com/schedules/commuter-rail	617-222-3200
MassHealth Transportation (PT-1)	mass.gov (healthcare transportation)	800-841-2900
Taxi Services:	Tri-City Taxi 978-531-3112	Gloucester Taxi 978-283-0099
Action Ambulance Service	actionambulance.com/	978-253-2600
American Cancer Society Road to Recovery	cancer.org Suspended due to COVID	800-227-2345
North Shore Regional Dialysis Center	freseniuskidneycare.com	800-881-5101
Eastern Essex District Department of Veterans' Services	eessexvets.com	978-356-3915
Mobility Links	glss.net	888-499-5324
Ride Match	massridematch.org	800-483-2500
Ride Sharing:	Uber - uber.com	Lyft - lyft.com

MANCHESTER-BY-THE-SEA TRANSPORTATION OPTIONS

Updated 12/2020

Manchester-by-the-Sea Council on Aging

10 Central Street
Town Hall
Manchester-by-the-Sea, MA 01944
978-526-7500
Manchester.ma.us>Council-On-Aging

Program: Four Manchester-by-the-Sea vehicles provide transportation to medical appointments, grocery stores, pharmacies, banks, fitness facilities, general stores, post office, senior centers, etc.

Monthly trips to the malls and Trader Joes

Thursday: Group trips to Market Basket

Eligibility: Manchester-by-the-Sea residents age 60+ and disabled under 60.

Service Area: Open

Cost: No fee; donations appreciated

Hours: Monday 8:30AM - 2PM
Tuesday and Friday 8:30AM - 3PM
Wednesday and Thursday 8:30AM - 4PM

Scheduling: A minimum of 24 hours in advance if possible

Reservations: 978-526-7500

SeniorCare Medical Transportation Program

978-281-1750 x573

seniorcareinc.org

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to schedule appointments, request appointments, and to learn about current COVID procedures to keep you and your driver safe.

Seniors on the Go (A Manchester-by-the-Sea/Essex Partnership)

Group trips to provide increased access to healthy food and fitness opportunities. Rides will be provided by the Manchester-by-the-Sea Council on Aging Vehicle. For more information, contact the Manchester-by-the-Sea Council on Aging at 978-526-7500.

Additional Transportation Resources

MBTA Commuter Rail	mbta.com/schedules/commuter-rail	617-222-3200
MassHealth Transportation (PT-1)	mass.gov (healthcare transportation)	800-841-2900
Taxi Services:	Gloucester Taxi 978-283-0099	
Beauport Ambulance Service	beauportambulanceservice.com/	978-281-6955
American Cancer Society Road to Recovery	cancer.org Suspended due to COVID	800-227-2345
Cape Ann Veterans' Services	gloucester-ma.gov	978-281-9740
Mobility Links	glss.net	888-499-5324
Ride Match	massridematch.org	800-483-2500
Ride Sharing:	Uber - uber.com	Lyft - lyft.com

ROCKPORT TRANSPORTATION OPTIONS

Updated 12/2020

Rockport Council on Aging

Rockport Senior Center
58 Broadway
Rockport, MA 01966
978-546-2573
rockportma.gov/council-aging

Emergency COVID-19 Livery Service:

Free cab service for many transportation needs, including medical appointments and deliveries of meals, food pantry supplies and prescriptions, just to name a few. Contact the Rockport COA for further details and to schedule a ride.

CATA Dial-a-Ride

978-283-7916
cantran.com

Program:	A door-to-door service to and from local appointments and activities, with medical appointments given priority. Includes rides for lunch at the Senior Center and Bingo (contact CATA for a reservation).
Eligibility:	Older adults age 60+ and adults age 18+ who have a physical, mental or cognitive disability. Must register with CATA's Dial-a-Ride program in advance.
Service Area:	Rockport, Gloucester, and organized trips outside Cape Ann
Cost:	\$2.00 - \$2.50 for local rides
Hours:	Monday through Friday 9:00AM - 2:30PM
Scheduling:	Reservations must be made up to a month in advance, but no later than 1:00 PM on the day preceding the date of service.
Reservations:	978-283-7916

SeniorCare Medical Transportation Program

978-281-1750 x573 or 978-865-3573
seniorcareinc.org

RSVP Volunteers provide a door-through-door escort service to and from local and out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to schedule appointments, request appointments, and to learn about current COVID procedures to keep you and your driver safe.

Seniors on the Go

FREE group trips for residents of senior housing to provide increased access to healthy food & fitness opportunities. Contact the Rockport Council on Aging at 978-281-9765 for a current schedule and additional details.

Group Shopping (CATA)

978-283-7916 (Call CATA to reserve a space or to register.)

Please note: You must register with CATA, which can take up to a week to complete. Forms are available at the Rockport Council on Aging, by calling CATA, or visiting the CATA website (cantran.com).

~~Monday: Group bus trip departing Rockport Senior Center weekly at 9:30 AM. Return trip departs location at 1PM. \$5.00 roundtrip. 2 bag limit.~~ **Monday Group Trips are Suspended**

Week 1: Walmart

Week 4: Liberty Tree/North Shore Malls

Week 2: Christmas Tree Shop

Week 5: Ocean State Job Lots

Week 3: Trader Joes

Tuesday: Grocery shopping at your choice of Stop & Shop, Shaws (Eastern Avenue), or Market Basket in Gloucester. Reservations must be made in advance. The CATA bus will pick up riders curbside outside their homes at approximately 10:45AM and return at approximately 1:15 PM. \$4.00 round trip. 2 bag limit.

Additional Transportation Resources

Cape Ann Transportation Authority (CATA bus service)	cantran.com	978-283-1886
MBTA Commuter Rail	mbta.com/schedules/commuter-rail	617-222-3200
MassHealth Transportation (PT-1)	mass.gov (healthcare transportation)	800-841-2900
Taxi Services:	Gloucester Taxi	978-283-0099
Beauport Ambulance Service	beauportambulanceservice.com/	978-281-6955
American Cancer Society Road to Recovery	cancer.org Suspended due to COVID	800-227-2345
North Shore Regional Dialysis Center	freseniuskidneycare.com	800-881-5101
Cape Ann Veterans' Services	gloucester-ma.gov	978-281-9740
Mobility Links	glss.net	888-499-5324
Ride Match	massridematch.org	800-483-2500
Ride Sharing:	Uber - uber.com	Lyft - lyft.com

TOPSFIELD TRANSPORTATION OPTIONS

Updated 12/2020

Topsfield Council on Aging
Town Hall, 8 West Common Street
Topsfield, MA 01983
978-887-1523
Topsfield-ma.gov/council-aging

COVID-19 INFO:
At this time, Transportation options provided by the Topsfield COA are temporarily suspended.

Emergency COVID-19 Livery Service:
Free cab service for many transportation needs, including medical appointments and deliveries of meals, food pantry supplies and prescriptions, just to name a few. Contact the Topsfield COA for further details and to schedule a ride.

Programs:	Bus service for medical, financial, and other appointments, as well as special excursions and shopping shuttles. A limited number of volunteers are available to drive senior citizens and adults with disabilities (door-to-door) to medical appointments.
Eligibility:	Topsfield residents age 60+ and adults with disabilities
Service Area:	15-mile radius of Topsfield
Cost:	No fee; \$2 in-town and \$4 out-of-town suggested donation. Complimentary service to/from Programming Site (Town Hall), Election Day Polling Site and certain special events.
Hours:	Medical transport available: <u>Monday</u> all day, <u>Thursday</u> all day and <u>Wednesday afternoon</u> : <u>Tuesday Mornings</u> : Special trips (call Topsfield COA for info) <u>Wednesday Mornings</u> : Shopping Shuttle runs to Market Basket Plaza, Rowley, including CVS, TJ Maxx, and more.
Scheduling:	Medical rides may be scheduled up two months in advance. All other rides must be scheduled at least 24 hours in advance, on a first-come, first-serve basis.
Reservations:	978-887-6866 (Mon. through Thurs. 9AM - 4PM & Fri. 9AM - Noon)

SeniorCare Medical Transportation Program

978-281-1750 x573
seniorcareinc.org

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips to Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to schedule appointments, request appointments, and to learn about current COVID procedures to keep you and your driver safe.

THE RIDE

617-337-2727

mbta.com/accessibility/the-ride

Program:	An origin-to-destination, handicapped accessible, shared ride service for people who are eligible under the Americans with Disabilities Act guidelines.
Eligibility:	People with disabilities, including seniors, who are registered with THE RIDE. COVID-19 Update: In-person appointments are temporarily not required until further notice To apply or recertify for THE RIDE, you will need to appear in-person for a confidential interview with a Mobility Coordinator. To set up an interview and note what you need to bring, contact THE RIDE eligibility Center at 617-337-2727. <i>Immediate Service for Medical Necessity provides 30 days of full service to individuals when requested by healthcare providers, hospitals, or treatment centers to deal with a medical emergency.</i>
Service Area:	Topsfield, Beverly, Boston, Danvers, Peabody, Salem, and many more (call or refer to website for complete list).
Cost:	\$3.00 each way (No Cash is accepted; Account must be funded in advance.)
Hours:	Monday through Friday, 8:30AM to 3:30PM (evening by request)
Scheduling:	1-7 days in advance
Reservations:	844-427-7433 between 8:30AM - 5PM, or rider.routematch.com TTY: 857-206-6569

Additional Transportation Resources

MassHealth Transportation (PT-1)	mass.gov (healthcare transportation)	800-841-2900
Taxi Services	Tri-City Taxi	978-531-3112
Lyons Ambulance Service	cataldoambulance.com/	978-774-1500
Northeast Regional Ambulance Service	nerems.com/	866-234-0981
American Cancer Society Road to Recovery	cancer.org Suspended due to COVID	800-227-2345
Topsfield Veterans' Services	topsfield-ma.gov	978-887-0335
Mobility Links	glss.net	888-499-5324
Ride Match	massridematch.org	800-483-2500
Ride Sharing:	Uber - uber.com	Lyft - lyft.com

WENHAM TRANSPORTATION OPTIONS

Updated 12/2020

Wenham Council on Aging

Aging Resource Center
10 School Street
Wenham, MA 01984
978-468-5529

wenhamma.gov/council_on_aging

Program: Van service for medical appointments, shopping, banking, etc.

Thursday: Group shopping trips to Market Basket

Additional group trips: Contact the COA Van Service for details

Eligibility: Wenham residents age 60+. Handicapped accessible lift.

Service Area: Wenham, Hamilton, Beverly, Danvers, Peabody, Manchester, Essex and Topsfield.

Cost: No fee; \$4 donations are appreciated

Hours: Monday through Friday, 8AM – 3:30PM

Scheduling: 24 hour notice preferred

Reservations: 978-468-5534

SeniorCare Medical Transportation Program

978-281-1750 x573

seniorcareinc.org

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to schedule appointments, request appointments, and to learn about current COVID procedures to keep you and your driver safe.

THE RIDE

617-337-2727

mbta.com/accessibility/the-ride

Program:	An origin-to-destination, handicapped accessible, shared ride service for people who are eligible under the Americans with Disabilities Act guidelines.
Eligibility:	People with disabilities, including seniors, who are registered with THE RIDE. COVID-19 Update: In-person appointments are temporarily not required until further notice To apply or recertify for THE RIDE, you will need to appear in-person for a confidential interview with a Mobility Coordinator. To set up an interview and note what you need to bring, contact THE RIDE eligibility Center at 617-337-2727. <i>Immediate Service for Medical Necessity provides 30 days of full service to individuals when requested by healthcare providers, hospitals, or treatment centers to deal with a medical emergency.</i>
Service Area:	Topsfield, Beverly, Boston, Danvers, Peabody, Salem, and many more (call or refer to website for complete list).
Cost:	\$3.00 each way (No Cash is accepted; Account must be funded in advance.)
Hours:	Monday through Friday, 8:30AM to 3:30PM (evening by request)
Scheduling:	1-7 days in advance
Reservations:	844-427-7433 between 8:30AM - 5PM, or rider.routematch.com TTY: 857-206-6569

Additional Transportation Resources

MBTA Commuter Rail	mbta.com/schedules/commuter-rail	617-222-3200
MassHealth Transportation (PT-1)	mass.gov (healthcare transportation)	800-841-2900
Taxi Services:	Tri-City Taxi 978-531-3112	
Beauport Ambulance Service	beauportambulanceservice.com/	978-281-6955
Lyons Ambulance Service	cataldoambulance.com/	978-774-1500
Northeast Regional Ambulance Service	nerems.com/	866-234-0981
American Cancer Society Road to Recovery	cancer.org Suspended due to COVID	800-227-2345
Mobility Links	glss.net	888-499-5324
Ride Match	massridematch.org	800-483-2500
Ride Sharing:	Uber – Uber.com	Lyft - lyft.com

ADDITIONAL TRANSPORTATION RESOURCES

Updated 12/2020

American Cancer Society Road to Recovery

cancer.org

800-227-2345

COVID Update: Program is currently suspended due to COVID.

The American Cancer Society provides a list of organizations and volunteers that provide helpful tips for finding transportation to and from cancer treatments and appointments. Included are: Road to Recovery, Lifeline Transportation, hospital services, and much more.

Dialysis Treatments

freseniuskidneycare.com

800-881-5101

The North Shore Regional Dialysis Center at 133 Brimbal Avenue, Beverly, has partnered with CATA to provide residents of Essex, Gloucester, Hamilton, Ipswich, and Rockport with round-trip transportation for dialysis treatments. Hours are Monday thru Saturday, first or second shift dialysis treatments. Contact the Dialysis Center to coordinate the transportation.

MBTA Commuter Rail

mbta.com

888-499-5324

The handicapped-accessible commuter rail offers easy connections to and from Boston and surrounding communities. Check with your Boston-based hospital to arrange possible shuttle transportation from North Station. Seniors receive a discounted rate after submitting a Senior CharlieCard and Transportation Access Pass (TAP) application.

MRI - Free Transportation to/from MRI Appointments

beverlyhospital.org

866-674-0466

Transportation to and from your MRI is available and can be arranged at the time you schedule your appointment.

MassHealth Transportation (PT-1)

www.mass.gov

800-841-2900

As a MassHealth or Medicaid member, you may be eligible for non-emergency medical transportation to and from your covered services when you are unable to access public or private transportation.

Mobility Links

glss.net

888-499-5324

Mobility Links provides a customer-focused approach to connecting people with transportation services so that seniors, people with disabilities, & low-income workers can access transportation to medical appointments, services, community life, and jobs.

Partners Transportation Department

Shuttle Transportation to/from North Station to individual Hospitals

<https://m.partners.org/shuttles>

617-726-2250

Partners Health Services, including Mass. General, Mass. Eye and Ear, Brigham and Womens, and Spaulding Rehab., offers a shuttle service from North Station to individual hospitals. Refer to the website or contact the number above for specific details and schedules.

Ride Match

massridematch.org

800-483-2500

Ride Match provides an online directory of transportation options. By entering your town and destination, you will receive a list of public, private, and non-profit transportation services available to you.

Ride Sharing/On-Demand Ride-Hailing

On-demand, ride-hailing companies that use smartphone apps to connect riders with drivers. Drivers typically drive their own cars. On-demand means that riders do not need to book in advance; they summon the ride when they're ready to go.

Common examples include:

Lyft (lyft.com) and Uber (uber.com)

VETERANS' SERVICES

mass.gov/veterans/

617-210-5480

northshorevetcoalition.com

Veterans residing in each city and town can contact their local Veterans' Services office as listed in the above link by city/town, as well as the state and regional offices listed above, for information regarding benefits, illness, outreach, transportation, and much more.

www.danversma.gov/departments/veterans-services/

Free shuttle bus transportation is provided to both the Bedford VA and the Jamaica Plain VA. Doctor appointments and transportation are restricted to specific times. For info, contact Veterans Services.

781-687-2000 - Gloucester with stop at Vittoria Rocci Post #56 (Beverly) to the Bedford VA Shuttle

978-531-2254 - Peabody (Torigian Senior Center) to Jamaica Plain VA Shuttle

ADDITIONAL RESOURCES:

Cape Ann Time Bank

CapeAnnTimeBank.org

978-219-6776

A Time Bank is an alternate economy that is based on time rather than dollars. Members use a simple web-based system to let others know what services they are able to give in exchange for services they need. Services include rides, child and pet care, mending, computer help, music lessons, companionship, and much more.