TRANSPORTATION OPTIONS

Updated August 2023

OVERVIEW
A Transportation Resource Guide for Older Adults and Residents with Disabilities within SeniorCare's Planning and Service Area

SERVING
Beverly, Essex, Gloucester, Hamilton, Ipswich, Manchester By-The-Sea, Rockport, Topsfield, and Wenham

FOR MORE INFORMATION
RSVP Volunteers of the North Shore
Ruth Lindsay, RSVP Director
rsvp@seniorcareinc.org
978-281-1750 x572
978-865-3572

Peter Ziavras, Transportation Coordinator
978-281-1750 x573
978-865-3573

Theresa Dickson, RSVP Program Assistant
978-281-1750 x568
978-865-3568
# Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>SENIORCARE MEDICAL TRANSPORTATION PROGRAM</td>
<td>2</td>
</tr>
<tr>
<td>BEVERLY TRANSPORTATION OPTIONS</td>
<td>4</td>
</tr>
<tr>
<td>ESSEX TRANSPORTATION OPTIONS</td>
<td>6</td>
</tr>
<tr>
<td>GLOUCESTER TRANSPORTATION OPTIONS</td>
<td>8</td>
</tr>
<tr>
<td>HAMILTON TRANSPORTATION OPTIONS</td>
<td>10</td>
</tr>
<tr>
<td>IPSWICH TRANSPORTATION OPTIONS</td>
<td>12</td>
</tr>
<tr>
<td>Manchester-by-the-Sea TRANSPORTATION OPTIONS</td>
<td>14</td>
</tr>
<tr>
<td>ROCKPORT TRANSPORTATION OPTIONS</td>
<td>16</td>
</tr>
<tr>
<td>TOPSFIELD TRANSPORTATION OPTIONS</td>
<td>18</td>
</tr>
<tr>
<td>WENHAM TRANSPORTATION OPTIONS</td>
<td>20</td>
</tr>
<tr>
<td>ADDITIONAL TRANSPORTATION RESOURCES</td>
<td>22</td>
</tr>
</tbody>
</table>
RSVP Volunteers provide a door-through-door escort service, using their own vehicles, to and from local and out-of-town medical appointments. Long distance trips to areas such as Boston and Burlington are available but limited.

Eligibility: For people 60+ who are self-mobile and not needing physical assistance, wheelchairs, or oxygen tanks, and reside within SeniorCare’s jurisdiction.

Service Area: Residents within SeniorCare’s jurisdiction: Beverly, Essex, Gloucester, Hamilton, Ipswich, Manchester-by-the-Sea, Rockport, Topsfield, and Wenham. Consumers may travel both within and outside these communities.

Cost: No fee. A voluntary donation is suggested related to the number of trips per month; this request is mailed monthly. Donations cover the costs of the program and mileage reimbursements for the Volunteer Drivers. Clients pay for tolls and parking fees. Volunteers cannot accept tips or gifts with a value exceeding $10 but can accept donation checks to help support SeniorCare’s programs.

Hours: Scheduling: Monday - Friday 9:00 AM - 12:00 Noon
Operating Hours (Rides): Monday - Friday 8:00 AM - 4:00 PM
Exception: Program is closed on Holidays and when SeniorCare is closed

Scheduling: Rides may be scheduled as soon as appointments are made. Advance notice of at least 3 business days is required (at least 7 business days for Burlington or Boston appointments).

Reservations: Coordinator: 978-281-1750 x573 or 866-927-1050 x573
peter.ziavras@seniorcareinc.org
Supervisor: 978-281-1750 x572 or 866-927-1050 x572
ruth.lindsay@seniorcareinc.org
Important Notes:

- This program is for medical transportation rides ONLY. Volunteer Drivers are not permitted to transport Consumers to the grocery store, bank, or run any other type of errands.

- Consumers should call with a transportation request as soon as a medical appointment is made, but no less than 3 business days prior.

- Long distance appointments to areas including Boston and Burlington should be scheduled between the hours of 11am and 1pm to avoid rush hour traffic.

- For lengthy appointments, arrangements may be made for either a drop-off or pick-up but may not always accommodate both ways.

- Consumers may be provided with more than one ride during a week but should be reminded that Volunteer Drivers must be shared with many Consumers.

- The Coordinator will provide Consumers with medical transportation options in their area (which can, and should, be utilized when possible).

How to Schedule a Ride:

1. Call the Coordinator at 978-281-1750 x573 between 9:00 and 12:00 noon. If you call after noon, leave a detailed message including your name and phone number.

2. State the date, time and length of appointment, doctor’s name, and office or hospital address.

3. The Coordinator will reach out to Volunteer Drivers to provide transportation.

4. The Coordinator will call you with the Volunteer Driver’s name or notify you if no Volunteers are available.

5. The Volunteer Driver will call the Consumer no later than the day before the ride to introduce themselves. They will arrange a pick-up time and discuss any pertinent details about the ride.

6. Be ready to go when the Volunteer Driver arrives at your home to pick you up!

7. If the ride needs to be canceled, it is imperative that you contact the Coordinator immediately. If the Coordinator cannot be reached, ask to speak with the Transportation Supervisor or leave a message with the SeniorCare Receptionist.
# BEVERLY TRANSPORTATION OPTIONS

<table>
<thead>
<tr>
<th>Beverly Council on Aging</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior Community Center</td>
<td>90 Colon Street</td>
</tr>
<tr>
<td>Beverly, MA 01915</td>
<td></td>
</tr>
<tr>
<td>Main: 978-921-6017</td>
<td></td>
</tr>
<tr>
<td>Transportation: 978-921-6078</td>
<td></td>
</tr>
<tr>
<td>beverlyma.gov/departments/council-on-aging/transportation/</td>
<td></td>
</tr>
</tbody>
</table>

## Program:
The Beverly Senior Center offers curb-to-curb, wheelchair accessible, in-town transportation to medical appointments, physical therapy, grocery, and drug store visits. In addition, they offer this same transportation to out-of-town medical transportation on Mondays and Thursdays to Lahey Danvers, Lahey Peabody, and Mass General in Danvers.

## Eligibility:
Beverly residents age 60+ and individuals with a disability. Must complete registration packet before first ride.

## Service Area:
Beverly residents are provided in-town transportation to medical and non-medical appointments. Medical Transportation is provided to Lahey Danvers, Lahey Peabody, and Mass General in Danvers on Mondays and Thursday only. Contact the Transportation Department for more information.

## Cost:
- $1 each way for a ride within Beverly
- $4 each way for out-of-town medical appointments

## Hours:
- Monday, Tuesday, Wednesday: 8:30am – 2:30pm
- Thursday: 8:30am – 5:00pm
- Friday: 8:30am – 11:30am

## Scheduling:
Reservations may be made up to 2 weeks in advance but no later than 2 business days before the date of service.

## Reservations:
978-921-6078

### SeniorCare Medical Transportation Program

978-281-1750 x573

[seniorcareinc.org](http://seniorcareinc.org)

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

**Please call Monday – Friday, 9AM – 12:00 Noon to schedule an appointment.**
THE RIDE
617-337-2727 – Eligibility Center
mbta.com/accessibility/the-ride

Program: An origin-to-destination, handicapped accessible, shared ride service for people who are eligible under the Americans with Disabilities Act guidelines.

Eligibility: People with disabilities, including seniors, who are registered with THE RIDE. To apply or recertify for THE RIDE, you will need to appear in-person for a confidential interview with a Mobility Coordinator. To set up an interview and note what you need to bring, contact THE RIDE eligibility Center at 617-337-2727.

Immediate Service for Medical Necessity provides 30 days of full service to individuals when requested by healthcare providers, hospitals, or treatment centers to deal with a medical emergency.

Service Area: Topsfield, Beverly, Boston, Danvers, Peabody, Salem, and many more (call or refer to website for complete list).

Cost: $3.00 each way (No Cash is accepted; Account must be funded in advance.)

Hours: Monday through Friday, 8:30AM to 3:30PM (evening by request)

Scheduling: 1-7 days in advance

Reservations: 844-427-7433 between 8:30AM - 5PM, or https://rider.routematch.com
TTY: 857-206-6569

Additional Transportation Resources

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beverly Shuttle</td>
<td>Dial-a-Ride &amp; ADA Service – Cape Ann Transportation Authority 978-283-7916</td>
</tr>
<tr>
<td>MBTA Commuter Rail</td>
<td>mbta.com/schedules/commuter-rail 617-222-3200</td>
</tr>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td>mass.gov (healthcare transportation) 800-841-2900</td>
</tr>
<tr>
<td>Taxi Services</td>
<td>Tri-City Taxi 978-744-4772</td>
</tr>
<tr>
<td>Beauport Ambulance Service</td>
<td>beauportambulanceservice.com/ 978-281-6955</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td>cancer.org 800-227-2345</td>
</tr>
<tr>
<td>Veterans’ Services/City of Beverly</td>
<td>beverlyma.gov 978-778-5000</td>
</tr>
<tr>
<td>Mobility Links</td>
<td>glss.net 888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td>massridematch.org 800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber – Uber.com Lyft - lyft.com</td>
</tr>
</tbody>
</table>

SeniorCare Inc. Transportation Resource Guide (August 2023)
ESSEX
TRANSPORTATION OPTIONS

**Essex Senior Center / Council on Aging**
17 Pickering Street
Essex, MA 01929
978-768-7932
essexma.org

**Program:** Cape Ann Transportation Authority (CATA), in conjunction with the Essex COA and the Town of Essex, provides van service for medical appts, shopping, banking, etc. Vans are wheelchair accessible; escorts & service animals allowed.

**Eligibility:** Essex residents age 60+.

**Service Area:** Hamilton, Wenham, Beverly, Manchester-by-the-Sea, Gloucester, Rockport, Essex, Ipswich, Rowley, Salem, Peabody, and Danvers.

**Dialysis:** Transportation is available to the North Shore Regional Dialysis Center in Beverly, Monday through Saturday, for 1st and 2nd shift dialysis treatments.

**Cost:** Suggested donation of $2 one-way ($4 round-trip) for all rides.

**Hours:** Monday through Friday, 8AM - 4PM.

**Scheduling:** At least two business days’ notice is required. For example, call no later than Thursday for a Monday ride. Transportation to and from a location must be scheduled at the same time.

**Reservations:** 978-283-7916
OR, if you need additional assistance, call:
Essex COA Staff - 978-768-7932 (press 1 for front desk)

**SeniorCare Medical Transportation Program**
978-281-1750 x573
seniorcareinc.org
RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.
**Please call Monday – Friday, 9AM – 12:00 Noon to schedule an appointment.**

**Group Shopping (CATA)**
978-283-7916 (call CATA to reserve a space)
**Please note:** You must register with CATA, which can take up to a week to complete. Forms are available at the Essex Council on Aging, by calling CATA, or visiting the CATA website (canntran.com). $2 one-way ($4 round-trip) per passenger and a limit of 2 bags.

**Friday:** Market Basket, Rowley. *Bus picks you up at your home at approx 9:30AM; 1 hour to shop.*
Seniors on the Go (A Manchester-by-the-Sea/Essex Partnership)
Group trips provide increased access to healthy food and fitness opportunities. Rides will be provided by the Manchester-by-the-Sea Council on Aging Vehicle. For more information, contact the Manchester-by-the-Sea Council on Aging at 978-526-7500 or the Essex Council on Aging at 978-768-7932.

Additional Transportation Resources

<table>
<thead>
<tr>
<th>Service</th>
<th>Website</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td>mass.gov (healthcare transportation)</td>
<td>800-841-2900</td>
</tr>
<tr>
<td>Taxi Services:</td>
<td>Gloucester Taxi</td>
<td>978-283-0099</td>
</tr>
<tr>
<td>Beauport Ambulance Service</td>
<td>beauportambulanceservice.com/</td>
<td>978-281-6955</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td>cancer.org</td>
<td>800-227-2345</td>
</tr>
<tr>
<td>North Shore Regional Dialysis Center</td>
<td>freseniuskidneycares.com</td>
<td>978-921-2052</td>
</tr>
<tr>
<td>Eastern Essex District Department of Veterans’ Services</td>
<td>eessexvets.com</td>
<td>978-356-3915</td>
</tr>
<tr>
<td>Mobility Links</td>
<td>glss.net</td>
<td>888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td>massridematch.org</td>
<td>800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber - uber.com</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lyft - lyft.com</td>
<td></td>
</tr>
</tbody>
</table>
GLOUCESTER TRANSPORTATION OPTIONS

Gloucester Council on Aging / Rose Baker Senior Center
6 Manuel F. Lewis Street, Gloucester, MA 01930
978-281-9765
gloucester-ma.gov

Program: The Gloucester COA’s Non-Emergency Medical Rides Program provides rides off of Cape Ann through a contracted livery service.

Eligibility: Gloucester residents aged 60+ who are not eligible for MassHealth PT-1 transportation.

Service Area: Beyond Cape Ann as far away as the greater Boston area

Cost: No fee. Donation is appreciated.

Hours: Monday through Friday, 9AM to 4PM

Scheduling: Rides must be scheduled at least 3 days in advance.

Reservations: 978-325-5809

The Gloucester COA, in collaboration with the Gloucester Health Department and CATA also provides out of town rides for shopping, sightseeing, and cultural enrichment at North Shore attractions through their Seniors on the Go program. Most trips take place on Mondays between 10:00 and 1:30. The monthly location schedule can be found in their newsletter, The Coastline News. Call 978-325-5800 to get on the newsletter mailing list or to inquire about scheduled trips.

SeniorCare Medical Transportation Program
978-281-1750 x573
seniorcareinc.org
RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.
Please call Monday – Friday, 9AM – 12:00 Noon to schedule an appointment.

CATA Dial-a-Ride
978-283-7916

Program: A door-to-door service to and from local appointments and activities, with medical appointments given priority

Eligibility: Older adults age 60+ and adults age 18+ who have a physical, mental, or cognitive disability. Must register with CATA’s Dial-a-Ride program in advance.

Service Area: Gloucester & Rockport.
**Dialysis:** Transportation is available to the North Shore Regional Dialysis Center in Beverly, Monday through Saturday for 1st and 2nd shift dialysis treatments.

**Cost:** $2 one-way for all trips.

**Hours:** Monday through Friday 9:00AM - 2:30PM

**Scheduling:** Up to a month in advance, but no later than 1:00 PM on the day preceding the date of service

**Reservations:** 978-283-7916

**CATA-On-Demand**
978-283-7916 [canntran.com/OnDemand](http://canntran.com/OnDemand)

A public, on-demand transit service that comes when and where you want within Gloucester. Service hours are Monday-Friday, 7:30am-8pm. $2 per trip. Download the CATA on Demand app or call 978-283-7916.

**Seniors on the Go**
FREE group trips to provide increased access to healthy food and fitness opportunities for Gloucester residents age 65+. Contact the Gloucester Council on Aging at 978-281-9765 for a current schedule and additional details.

**Additional Transportation Resources**

<table>
<thead>
<tr>
<th>Transportation Service</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cape Ann Transportation Authority (CATA bus service)</td>
<td>Dial-a-Ride &amp; ADA Service – Cape Ann Transportation Authority (canntran.com) 978-283-7916</td>
</tr>
<tr>
<td>MBTA Commuter Rail</td>
<td><a href="http://mbta.com/schedules/commuter-rail">mbta.com/schedules/commuter-rail</a> 617-222-3200</td>
</tr>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td><a href="http://mass.gov">mass.gov</a> (healthcare transportation) 800-841-2900</td>
</tr>
<tr>
<td>Taxi Service</td>
<td>Gloucester Taxi 978-281-0099</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td><a href="http://cancer.org">cancer.org</a> 800-227-2345</td>
</tr>
<tr>
<td>North Shore Regional Dialysis Center</td>
<td><a href="http://frenseniuskidneycare.com">frenseniuskidneycare.com</a> 978-921-2052</td>
</tr>
<tr>
<td>Cape Ann Veterans' Services</td>
<td><a href="http://9loucester-ma.gov">9loucester-ma.gov</a> 978-281-9740</td>
</tr>
<tr>
<td>Mobility Links</td>
<td><a href="http://glss.net">glss.net</a> 888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td><a href="http://massridematch.org">massridematch.org</a> 800-483-2500</td>
</tr>
</tbody>
</table>
# HAMILTON TRANSPORTATION OPTIONS

## Hamilton Council on Aging
Hamilton Senior Center
299 Bay Road
South Hamilton, MA 01982
978-468-5595
[hamiltonma.gov/council-on-aging/](http://hamiltonma.gov/council-on-aging/)

**Program:** Cape Ann Transportation Authority (CATA), in conjunction with the Hamilton Council on Aging and the Town of Hamilton, provides van service for medical appointments, shopping, banking, etc. Vans are wheelchair accessible; escorts & service animals allowed.

**Eligibility:** Hamilton residents age 60+.

**Service Area:** Hamilton, Wenham, Beverly, Manchester-by-the-Sea, Gloucester, Rockport, Essex, Ipswich, Rowley, Salem, Peabody, and Danvers.

**Dialysis:** Transportation is available to the North Shore Regional Dialysis Center in Beverly, Monday through Saturday for 1st and 2nd shift dialysis treatments.

**Cost:** $2 one-way for all trips.

**Hours:** Monday through Friday, 8AM – 4PM.

**Scheduling:** At least two business days’ notice is required. For example, call no later than Thursday for a Monday ride. Transportation to and from a location must be scheduled at the same time.

**Reservations:** 978-283-7916

---

## SeniorCare Medical Transportation Program

978-281-1750 x573
[seniorcareinc.org](http://seniorcareinc.org)

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

**Please call Monday – Friday, 9AM – 12:00 Noon to schedule an appointment.**
## Additional Transportation Resources

<table>
<thead>
<tr>
<th>Resource</th>
<th>Website</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>MBTA Commuter Rail</td>
<td><a href="mbta.com/schedules/commuter-rail">mbta.com/schedules/commuter-rail</a></td>
<td>617-222-3200</td>
</tr>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td><a href="mass.gov">mass.gov</a></td>
<td>800-841-2900</td>
</tr>
<tr>
<td>Taxi Services:</td>
<td>Tri-City Taxi <a href="978-744-4772">978-744-4772</a></td>
<td>Gloucester Taxi <a href="978-283-0099">978-283-0099</a></td>
</tr>
<tr>
<td>Action Ambulance Service</td>
<td><a href="actionambulance.com/">actionambulance.com/</a></td>
<td>978-253-2600</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td><a href="cancer.org">cancer.org</a></td>
<td>800-227-2345</td>
</tr>
<tr>
<td>North Shore Regional Dialysis Center</td>
<td><a href="freseniuskidneycare.com">freseniuskidneycare.com</a></td>
<td>978-921-2052</td>
</tr>
<tr>
<td>Eastern Essex District Department of Veterans’ Services</td>
<td><a href="eessexvets.com">eessexvets.com</a></td>
<td>978-356-3915</td>
</tr>
<tr>
<td>Mobility Links</td>
<td><a href="glss.net">glss.net</a></td>
<td>888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td><a href="massridematch.org">massridematch.org</a></td>
<td>800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber – <a href="Uber.com">Uber.com</a></td>
<td>Lyft - <a href="lyft.com">lyft.com</a></td>
</tr>
</tbody>
</table>
IPS bond MGC TRANSPORTATION OPTIONS

Ipswich Council on Aging
Ipswich Senior Center
25 Green Street
Ipswich, MA 01938
978-356-6650
Ipswichma.gov/Council-on-Aging

Program: Cape Ann Transportation Authority (CATA), in conjunction with the Ipswich Council on Aging and the Town of Ipswich, provides van service for medical appointments, shopping, banking, etc. Vans are wheelchair accessible; escorts & service animals allowed.

Eligibility: Ipswich residents age 60+, Pre-registration is required

Service Area: IN-TOWN: Transportation to local medical appts., the Senior Center, grocery stores, pharmacy, library, etc. is provided by the Ipswich Senior Center Van.

OUT-OF-TOWN: Transportation provided by CATA (Cape Ann Transportation Authority) to medical appointments including:

<table>
<thead>
<tr>
<th>Addison Gilbert Hospital</th>
<th>Beverly Hospital Campus</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cape Ann Medical Center</td>
<td>Cummings Center</td>
</tr>
<tr>
<td>Fresenius Medical Center</td>
<td>Gordon Center for balance &amp; mobility</td>
</tr>
<tr>
<td>Lahey Danvers</td>
<td>Lahey Peabody</td>
</tr>
<tr>
<td>Mass. General / North Shore Center for Outpatient Care</td>
<td></td>
</tr>
</tbody>
</table>

CATA suggests you bring a snack & reading material as wait times can vary. 
In addition, Volunteer drivers provide rides to areas outside CATA service area when available.

Dialysis: Transportation is available to the North Shore Regional Dialysis Center in Beverly, Monday through Saturday for 1st and 2nd shift dialysis treatments.

Cost: $2 one-way for all trips.

Hours: Monday - Thursday 8AM - 4PM
Friday 8AM – 12:00 noon

Scheduling: At least 24 hours in advance.

Reservations: Monday - Thursday, 8AM - 4PM, Friday, 8AM – 12:00 Noon
Ipswich Council on Aging Group Shopping:

*Contact the Council on Aging for details and reservations – 978-356-6650*

Monday through Thursday – The Council on Aging van provides transportation to Market Basket beginning at 1:00.

Friday – The Council on Aging van provides transportation to various locations beginning at noon.

---

**SeniorCare Medical Transportation Program**

978-281-1750 x573

[seniorcareinc.org](http://seniorcareinc.org)

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to schedule an appointment.

---

**Additional Transportation Resources**

<table>
<thead>
<tr>
<th>MBTA Commuter Rail</th>
<th><a href="http://mbta.com/schedules/commuter-rail">mbta.com/schedules/commuter-rail</a></th>
<th>617-222-3200</th>
</tr>
</thead>
<tbody>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td><a href="http://mass.gov">mass.gov</a> (healthcare transportation)</td>
<td>800-841-2900</td>
</tr>
<tr>
<td>Taxi Services:</td>
<td>Tri-City Taxi 978-744-4772 Gloucester Taxi 978-283-0099</td>
<td></td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td><a href="http://cancer.org">cancer.org</a></td>
<td>800-227-2345</td>
</tr>
<tr>
<td>North Shore Regional Dialysis Center</td>
<td>[Dialysis Center Beverly</td>
<td>Fresenius Kidney Care](<a href="http://Dialysis">http://Dialysis</a> Center Beverly</td>
</tr>
<tr>
<td>Eastern Essex District Department of Veterans’ Services</td>
<td><a href="http://eessexvets.com">eessexvets.com</a></td>
<td>978-356-3915</td>
</tr>
<tr>
<td>Mobility Links</td>
<td><a href="http://glss.net">glss.net</a></td>
<td>888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td><a href="http://massridematch.org">massridematch.org</a></td>
<td>800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber - <a href="http://uber.com">uber.com</a> Lyft - <a href="http://lyft.com">lyft.com</a></td>
<td></td>
</tr>
</tbody>
</table>
Manchester-by-the-Sea
TRANSPORTATION OPTIONS

Manchester-by-the-Sea Council on Aging
10 Central Street
Town Hall
Manchester-by-the-Sea, MA 01944
978-526-7500
Manchester.ma.us>Council-On-Aging

Program: Four Manchester-by-the-Sea vehicles provide transportation to medical appointments, grocery stores, pharmacies, banks, fitness facilities, general stores, post office, senior centers, etc.

Monthly trip(s): to the mall(s) and Trader Joes.
Thursday(s): Group trips to Market Basket.

Eligibility: Manchester-by-the-Sea residents age 60+ and disabled under 60.

Service Area: Open!

Cost: No fee; donations appreciated!

Hours:
Monday 8:30AM - 2PM
Tuesday and Friday 8:30AM - 3PM
Wednesday and Thursday 8:30AM - 4PM

Scheduling: A minimum of 24 hours in advance if possible!

Reservations: 978-526-7500

SeniorCare Medical Transportation Program
978-281-1750 x573
seniorcareinc.org
RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.
Please call Monday – Friday, 9AM – 12:00 Noon to schedule an appointment.

Seniors on the Go (A Manchester-by-the-Sea/Essex Partnership)
Group trips provide increased access to healthy food and fitness opportunities. Rides will be provided by the Manchester-by-the-Sea Council on Aging Vehicle. For more information, contact the Manchester-by-the-Sea Council on Aging at 978-526-7500.
### Additional Transportation Resources

<table>
<thead>
<tr>
<th>Service</th>
<th>Website/Contact Information</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>MBTA Commuter Rail</td>
<td>mbta.com/schedules/commuter-rail</td>
<td>617-222-3200</td>
</tr>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td>mass.gov (healthcare transportation)</td>
<td>800-841-2900</td>
</tr>
<tr>
<td>Taxi Services:</td>
<td>Gloucester Taxi</td>
<td>978-283-0099</td>
</tr>
<tr>
<td>Beauport Ambulance Service</td>
<td>beauportambulanceservice.com/</td>
<td>978-281-6955</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td>cancer.org</td>
<td>800-227-2345</td>
</tr>
<tr>
<td>Cape Ann Veterans' Services</td>
<td>gloucester-ma.gov</td>
<td>978-281-9740</td>
</tr>
<tr>
<td>Mobility Links</td>
<td>glss.net</td>
<td>888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td>massridematch.org</td>
<td>800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber - uber.com</td>
<td>Lyft - lyft.com</td>
</tr>
</tbody>
</table>
ROCKPORT
TRANSPORTATION OPTIONS

Rockport Council on Aging
Rockport Senior Center
58 Broadway
Rockport, MA 01966
978-546-2573
rockportma.gov/council-aging

CATA Dial-a-Ride
978-283-7916
canntran.com

Program: A door-to-door service to and from local appointments and activities, with medical appointments given priority. Includes rides for lunch at the Senior Center and Bingo (contact CATA for a reservation).

Eligibility: Older adults age 60+ and adults age 18+ who have a physical or intellectual disability. Must register with CATA’s Dial-a-Ride program in advance.

Service Area: Rockport & Gloucester

**Dialysis:** Transportation is available to the North Shore Regional Dialysis Center in Beverly, Monday through Saturday for 1st and 2nd shift dialysis treatments.

Cost: $2 one-way for all trips.

Hours: Monday through Friday 9:00AM - 2:30PM

Scheduling: Reservations must be made up to a month in advance, but no later than 1:00 PM on the day preceding the date of service.

Reservations: 978-283-7916

SeniorCare Medical Transportation Program
978-281-1750 x573
seniorcareinc.org
RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to schedule an appointment.
Group Shopping (CATA)
978-283-7916 (Call CATA to reserve a space or to register.)
Please note: You must register with CATA, which can take up to a week to complete. Forms are available at the Rockport Council on Aging, by calling CATA, or visiting the CATA website (canntran.com).

Tuesday: Grocery shopping at your choice of Stop & Shop, Shaws (Eastern Avenue), or Market Basket in Gloucester. Reservations must be made in advance. The CATA bus will pick up riders curbside outside their homes at approximately 10:45AM and return at approximately 1:15 PM. $4.00 round trip. 2 bag limit.

Additional Transportation Resources

<table>
<thead>
<tr>
<th>Cape Ann Transportation Authority (CATA bus service)</th>
<th>Dial-a-Ride &amp; ADA Service – Cape Ann Transportation Authority (canntran.com)</th>
<th>978-283-7916</th>
</tr>
</thead>
<tbody>
<tr>
<td>MBTA Commuter Rail</td>
<td>mbta.com/schedules/commuter-rail</td>
<td>617-222-3200</td>
</tr>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td>mass.gov (healthcare transportation)</td>
<td>800-841-2900</td>
</tr>
<tr>
<td>Taxi Services:</td>
<td>Gloucester Taxi</td>
<td>978-283-0099</td>
</tr>
<tr>
<td>Beauport Ambulance Service</td>
<td>beauportambulanceservice.com/</td>
<td>978-281-6955</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td>cancer.org</td>
<td>800-227-2345</td>
</tr>
<tr>
<td>North Shore Regional Dialysis Center</td>
<td>freseniuskidneycare.com</td>
<td>978-921-2052</td>
</tr>
<tr>
<td>Cape Ann Veterans’ Services</td>
<td>gloucester-ma.gov</td>
<td>978-281-9740</td>
</tr>
<tr>
<td>Mobility Links</td>
<td>glss.net</td>
<td>888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td>massridematch.org</td>
<td>800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber - uber.com</td>
<td></td>
</tr>
</tbody>
</table>
# TOPSFIELD TRANSPORTATION OPTIONS

| Topsfield Council on Aging  |  
|-----------------------------|-----------------------------|
| Town Hall, 8 West Common Street | Topsfield, MA 01983  
978-887-1523  
[Topsfield-ma.gov/council-aging](https://topsfielma.gov/council-aging) |

**Program:**  
Bus service for medical, financial, grocery shopping, and other appointments, as well as special excursions and shopping shuttles.

*Complimentary service to/from Programming Site (Town Hall), Election Day Polling Site and certain special events.*

**Eligibility:**  
Topsfield residents age 60+ and adults with disabilities

**Service Area:**  
15-mile radius of Topsfield

**Cost:**  
No fee; $4 suggested donation.

**Hours:**  
**Medical transport available:** Monday and Thursday all day, and most Fridays.

- **Tuesday Mornings:** Special trips (call Topsfield COA for info)
- **Wednesday Mornings:** Shopping Shuttle runs to Market Basket Plaza, Rowley, including CVS, TJ Maxx, and more.

**Scheduling:**  
Medical rides may be scheduled up to two months in advance. *All other rides must be scheduled at least 24 hours in advance, on a first-come, first-serve basis.*

**Reservations:**  
978-887-1523 (Mon. through Thurs. 9AM - 4PM & Fri. 9AM - Noon)

---

**SeniorCare Medical Transportation Program**  
978-281-1750 x573  
[seniorcareinc.org](http://seniorcareinc.org)

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.  
**Please call Monday – Friday, 9AM – 12:00 Noon to schedule an appointment.**
**THE RIDE**
617-337-2727
mbta.com/accessibility/the-ride

<table>
<thead>
<tr>
<th>Program:</th>
<th>An origin-to-destination, handicapped accessible, shared ride service for people who are eligible under the Americans with Disabilities Act guidelines.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eligibility:</td>
<td>People with disabilities, including seniors, who are registered with THE RIDE. To apply or recertify for THE RIDE, you will need to appear in-person for a confidential interview with a Mobility Coordinator. To set up an interview and note what you need to bring, contact THE RIDE eligibility Center at 617-337-2727. Immediate Service for Medical Necessity provides 30 days of full service to individuals when requested by healthcare providers, hospitals, or treatment centers to deal with a medical emergency.</td>
</tr>
<tr>
<td>Service Area:</td>
<td>Topsfield, Beverly, Boston, Danvers, Peabody, Salem, and many more (call or refer to website for complete list).</td>
</tr>
<tr>
<td>Cost:</td>
<td>$3.00 each way (No Cash is accepted; Account must be funded in advance.)</td>
</tr>
<tr>
<td>Hours:</td>
<td>Monday through Friday, 8:30AM to 3:30PM (evening by request)</td>
</tr>
<tr>
<td>Scheduling:</td>
<td>1-7 days in advance</td>
</tr>
<tr>
<td>Reservations:</td>
<td>844-427-7433 between 8:30AM - 5PM, or rider.routematch.com. TTY: 857-206-6569</td>
</tr>
</tbody>
</table>

**Additional Transportation Resources**

<table>
<thead>
<tr>
<th>MassHealth Transportation (PT-1)</th>
<th>mass.gov (healthcare transportation)</th>
<th>800-841-2900</th>
</tr>
</thead>
<tbody>
<tr>
<td>Taxi Services</td>
<td>Tri-City Taxi</td>
<td>978-744-4772</td>
</tr>
<tr>
<td>Lyons Ambulance Service</td>
<td>cataldoambulance.com/</td>
<td>978-774-1500</td>
</tr>
<tr>
<td>Northeast Regional Ambulance Service</td>
<td>nerems.com/</td>
<td>866-234-0981</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td>cancer.org</td>
<td>800-227-2345</td>
</tr>
<tr>
<td>Topsfield Veterans’ Services</td>
<td>topsfield-ma.gov</td>
<td>978-887-0335</td>
</tr>
<tr>
<td>Mobility Links</td>
<td>glss.net</td>
<td>888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td>massridematch.org</td>
<td>800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber - uber.com</td>
<td>Lyft - lyft.com</td>
</tr>
</tbody>
</table>
WENHAM TRANSPORTATION OPTIONS

Wenham Council on Aging
Aging Resource Center
10 School Street
Wenham, MA 01984
978-468-5529
wenhamma.gov/council_on_aging

Program: Van service for medical appointments, shopping, banking, etc.

Thursday: Group shopping trips to Market Basket

Additional group trips: Contact the COA Van Service for details

Eligibility: Wenham residents age 60+. Handicapped accessible lift.

Service Area: Wenham, Hamilton, Beverly, Danvers, Peabody, Manchester, Essex and Topsfield.

Cost: No fee; $4 donations are appreciated

Hours: Monday through Friday, 8AM – 3:30PM

Scheduling: 24-hour notice preferred

Reservations: 978-468-5534

SeniorCare Medical Transportation Program
978-281-1750 x573
seniorcareinc.org

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to schedule an appointment.

THE RIDE
617-337-2727
mbta.com/accessibility/the-ride

Program: An origin-to-destination, handicapped accessible, shared ride service for people who are eligible under the Americans with Disabilities Act guidelines.

Eligibility: People with disabilities, including seniors, who are registered with THE RIDE. To apply or recertify for THE RIDE, you will need to appear in-person for a confidential interview with a Mobility Coordinator.

To set up an interview and note what you need to bring, contact THE RIDE eligibility Center at 617-337-2727.
Immediate Service for Medical Necessity provides 30 days of full service to individuals when requested by healthcare providers, hospitals, or treatment centers to deal with a medical emergency.

Service Area: Topsfield, Beverly, Boston, Danvers, Peabody, Salem, and many more (call or refer to website for complete list).

Cost: $3.00 each way (No Cash is accepted; Account must be funded in advance.)

Hours: Monday through Friday, 8:30AM to 3:30PM (evening by request)

Scheduling: 1-7 days in advance

Reservations: 844-427-7433 between 8:30AM - 5PM, or rider.routematch.com
TTY: 857-206-6569

Additional Transportation Resources

<table>
<thead>
<tr>
<th>Service</th>
<th>Website/Contact Information</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>MBTA Commuter Rail</td>
<td>mbta.com/schedules/commuter-rail</td>
<td>617-222-3200</td>
</tr>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td>mass.gov (healthcare transportation)</td>
<td>800-841-2900</td>
</tr>
<tr>
<td>Tri-City Taxi</td>
<td></td>
<td>978-744-4772</td>
</tr>
<tr>
<td>Beuport Ambulance Service</td>
<td>beauportambulanceservice.com/</td>
<td>978-281-6955</td>
</tr>
<tr>
<td>Cataldo Ambulance Service, Inc.</td>
<td>cataldoambulance.com/</td>
<td>978-774-1500</td>
</tr>
<tr>
<td>Northeast Regional Ambulance Service</td>
<td>nerems.com/</td>
<td>1-978-524-0911</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td>cancer.org</td>
<td>800-227-2345</td>
</tr>
<tr>
<td>Mobility Links</td>
<td>glss.net</td>
<td>888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td>massridematch.org</td>
<td>800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber – Uber.com</td>
<td>Lyft - lyft.com</td>
</tr>
</tbody>
</table>
ADDITIONAL TRANSPORTATION RESOURCES

American Cancer Society Road to Recovery
cancer.org
800-227-2345
The American Cancer Society’s Road to Recovery program provides volunteer transportation for cancer-related medical appointments.

Cape Ann Time Bank
CapeAnnTimeBank.org
978-219-6776
Members use a simple web-based system to let others know what services they can give in exchange for services they need. Services include transportation, child and pet care, mending, computer help, music lessons, companionship, and much more.

Caring Choice Transportation
https://www.caringchoicetransportation.com/
978-375-3026
Caring Choice Transportation, located at 119R Foster Street, Building 3 Unit 1, in Peabody, provides transportation for clients to and from medical appointments.

Dialysis Treatments
North Shore Regional Dialysis Center
978-921-2052
The North Shore Regional Dialysis Center at 133 Brimbal Avenue, Beverly, has partnered with CATA to provide residents of Essex, Gloucester, Hamilton, Ipswich, and Rockport with round-trip transportation for dialysis treatments. Hours are Monday thru Saturday, first or second shift dialysis treatments. Contact the Dialysis Center to coordinate the transportation.

MBTA Commuter Rail
mbta.com
888-499-5324
The handicapped-accessible commuter rail offers easy connections to and from Boston and surrounding communities. Check with your Boston-based hospital to arrange possible shuttle transportation from North Station. Seniors receive a discounted rate after submitting a Senior Charlie Card and Transportation Access Pass (TAP) application.

MRI - Free Transportation to/from MRI Appointments
beverlyhospital.org
866-674-0466
Transportation to and from your MRI can be arranged at the time you schedule your appointment.
MassHealth Transportation (PT-1)
Request transportation for a member | Mass.gov
800-841-2900
As a MassHealth or Medicaid member, you may be eligible for non-emergency medical transportation to and from your covered services when you are unable to access public or private transportation.

Mobility Links
glss.net
888-499-5324
Mobility Links provides a listing of transportation options to seniors, people with disabilities, & low-income workers for transportation to medical appointments, services, community life, and jobs.

Partners Transportation Department
Shuttle Transportation to/from North Station to individual Hospitals
https://m.partners.org/shuttles
617-726-2250
Partners Health Services, including Mass. General, Mass. Eye and Ear, Brigham and Womens, and Spaulding Rehab., offers a shuttle service from North Station to individual hospitals. Refer to the website or contact the number above for specific details and schedules.

Ride Match
massridematch.org
978-281-3489
Ride Match provides an online directory of transportation options. By entering your town and destination, you will receive a list of public, private, and non-profit transportation services available.

Ride Sharing/On-Demand Ride-Hailing
On-demand, ride-hailing companies that use smartphone apps to connect riders with drivers. Drivers typically drive their own cars. On-demand means that riders do not need to book in advance; they summon the ride when they’re ready to go. Common examples include:
Lyft (lyft.com) and Uber (uber.com)

VETERANS’ SERVICES
mass.gov/veterans/
617-210-5480

northshorevetcoalition.com
Veterans residing in each city and town can contact their local Veterans’ Services office as listed in the above link by city/town, as well as the state and regional offices listed above, for information regarding benefits, illness, outreach, transportation, and much more.

www.danversma.gov/departments/veterans-services/
Free shuttle bus transportation is provided to both the Bedford VA and the Jamaica Plain VA. Doctor appointments and transportation are restricted to specific times. For info, contact Veterans Services.
781-687-2000 - Gloucester with stop at Vittoria Rocci Post #56 (Beverly) to the Bedford VA Shuttle
978-531-2254 - Peabody (Torigian Senior Center) to Jamaica Plain VA Shuttle