

**RSVP & SeniorCare  
Annual Volunteer Recognition**

**April 2021  
National Volunteer Month**

*Volunteers  
Save The Day!*



 **Eastern Bank**  
JOIN US FOR GOOD™



Eastern Bank is committed to recognizing  
the good in our communities and  
celebrating the work of

**SENIORCARE**

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**We proudly support  
VOLUNTEERS SAVE THE DAY**



Member FDIC

April 2021

Dear Volunteers,

We hope you enjoy the enclosed Volunteer Program Book and gifts, our small way of thanking you for your incredible kindness and dedication as a volunteer.

The author Zero Dean has said: “If you want more kindness in the world, put it there.” We know how challenging the past year has been, especially for many older adults. Through your many efforts you have sent much kindness into the world. You are our heroes who have Saved the Day!

With your help, SeniorCare has been able to continue providing our core services while meeting increased needs without interruption. Together, volunteers have been faithfully delivering meals, driving elders to medical appointments, providing SHINE counseling, preparing taxes, advocating, and helping with organizing and bill paying for elders in need. You have donated thousands of beautiful handmade items throughout the community. Many have taken on new roles during this time, while quickly adapting to new and changing guidelines and safety measures.

Over the past 12 months, we have welcomed more than 100 new volunteers who have brought enthusiasm along with diverse skills and talents to share with our programs and community. While understandably, some volunteers have been unable to serve during the past year, it is our hope that many of you will be able to return, as life begins returning to a “new normal.”

**We could not deliver our mission without the support of  
Volunteers who save the day – every day!**

With sincere gratitude and appreciation,

Scott Trenti  
Chief Executive Officer  
SeniorCare Inc.

Ruth Lindsay  
RSVP Director  
SeniorCare Inc.

## SeniorCare Staff

### RSVP Staff

Ruth Lindsay                      RSVP Director  
Theresa Dickson                  RSVP Program Assistant

### SeniorCare Administrative Staff

Scott Trenti                      Chief Executive Officer  
Linnea Hagberg                  Director of Community Programs & Planner  
Gary Larsen                      Chief Financial Officer  
Dori Prescott                      Director of Home Care  
Jessica Waggett                  Quality Improvement Director  
Paula Curley                      Nutrition Program Director  
Melinda Troensegaard          Nutrition Program Assistant Director  
Beverly Flanagan                  Long Term Care Ombudsman Director  
Gil Frieden                        Money Management Program Manager  
Carrie Johnson                  Age & Dementia Friendly Cape Ann Coord.  
Sharon Reidbord                  STAY Pet Program Coordinator  
Tracy Arabian                      Marketing Officer  
Lynette Costa                      Administrative Assistant/Contracts Manager

### SeniorCare Supervisory and Volunteer Programs Staff

Irene Desmond                  LTC Ombudsman Assistant Director  
Carole McNair                    Medical Transportation Coordinator  
Atasha Serrano                  Nutrition Program Assistant  
Colleen Perreault                  Nutrition Meals Coordinator  
Lauren Gailitis                  Nutrition HDM Assessor/Coordinator  
Debra Davidson                  Nutritionist  
Joyce Burrier                      Nutrition Site Manager, Ipswich  
Charlene Delaney                  Nutrition Site Manager, Manchester  
Josie Frontiero                  Nutrition Site Manager, Gloucester  
Sharon Reidbord                  Nutrition Site Manager, Hamilton  
Albie Mitchell                    Nutrition Site Manager, Hamilton  
Christine Krause                  Nutrition Site Manager, Hamilton  
Michelle Sutera                  Nutrition Site Manager, Rockport  
Beth Walsh                        Nutrition Site Manager, Beverly  
Jan Lubas                         Nutrition Site Assistant, Beverly  
Anita White                        Nutrition Site Manager, McPherson Park



**AmeriCorps  
Seniors**

## Special Recognitions

### Platinum Award

**20,000+ Lifetime Hours of Service**

Beverly Wiley

### Gold Award

**10,000+ Lifetime Hours of Service**

Carole Isaacson

### Presidential Award

**4,000+ Lifetime Hours of Service**

Barbara Carlo

Judi Finn

Lois Hamilton

Carol Quinn-LeBrun

Kathy Wade

MaryAnn Warner

Peggy Wilson

### Special Recognition for 20+ Years of Service

Wallace Rowe, 33 Years

Tina LaFlam, 32 Years

Ida Christopher, 29 Years

Esther Galpern, 26 Years

Catherine Morrocco, 26 Years

Trish Roach, 22 Years

James F. Dort, 21 Years

Jacqueline A Dort, 20 Years

Martin Fucio, 20 Years

### Thank You to Our RSVP Partners

SeniorCare Inc.

Beverly Council on Aging

Essex Council on Aging

Gloucester Council on Aging

Ipswich Council on Aging

Peabody Council on Aging

Rockport Council on Aging

Salem Council on Aging

Topsfield Council on Aging

Wenham Council on Aging

NeedyMeds

The Open Door

**SeniorCare's RSVP  
Annual Volunteer Recognition  
Program Book**

**January 2020 - April 2021**

***VOLUNTEERS SAVE THE DAY!***

**Thank you to our Sponsors:**



**RSVP & SeniorCare Volunteers**

**The RSVP and SeniorCare Extraordinary Volunteers  
for 2020-2021 are as follows:**

**Beverly**

Carol Adams  
Carolyn Alexander  
Kimberly Benjamin  
Brenda Berry  
Connie Bodek  
Lucille Bouchard  
Nancy Bourque  
David Brown  
Barbara Carlo  
Vinnie Cavanaugh ★  
Lee Cavossa  
Nicholas Christie  
Mary Connors  
William J. Coughlin  
Robyn Cunningham  
Michelle Curreri  
Jill Davidson-Moffie  
Ann Dewart  
Elizabeth Dimeo ★  
Gail Dionne  
Cathleen Estep  
John Filyaw  
Judi Finn  
Jo Fladger  
Carol Flannigan ★  
Yvette Fleming ★  
Carol Francis ★ ★  
Grace Frazier  
Elizabeth Frederick  
Martin Fucio  
Margaret Gasperoni  
Marcella Gauthier ★  
Angela Goodoak  
Jerry Guilebbe ★ ★  
Marjorie Hagen  
Sara Herman

Barbara Homan  
Paula Ivey  
Malcolm Jarvis  
Grace Joly  
Jane Karaman  
Joseph Karaman  
Lucy A. Keller ★  
Lillian Kennedy  
David Kotowski  
Kenneth Krall  
Paul Krueger  
Andrew Kundrot  
Swift Lane  
Paul Lanzikos  
Lyn Leahy  
Florence LeClerc  
Marie Lloyd ★ ★  
Anne Lomonte  
Stephanie MacGregor  
Randolph Maloney  
Tom Maloney  
Dianne Marcum  
Joan Matton  
Joan Mazza  
Margaret McCombe  
Marilyn McEleney  
Donna McRae  
Gary Moffie  
Susan Muenzner  
Janet Nee ★  
Kate Nelson  
Bette Obear  
Sharon Obelsky  
Alice O'Brien  
Diana Pacheco ★  
Gary Palardy  
Jill Pelletier

Volunteers noted in the list are celebrating a milestone anniversary this year:  
★ 5 years of service | ★★ 10 years of service | ★★★ 15 years of service

*We apologize for any misspellings or omissions.*

## RSVP & SeniorCare Volunteers

Jill Pelletier  
Benjamin Phippen  
David Phippen  
Michelle Phippen  
Sara Polsonetti  
Alyson Preston  
Cyndie Ramsdell  
Kathy Rosenfield  
Robert Sant Fornier  
Sharon Savino★★★  
Jane Scanzani  
Elizabeth Sheeran★  
Katherine Silvestri  
Shannon Silvestri  
Carolyn Snow  
Carol Stacey  
Marilyn Steinberg  
Thomas Sullivan  
Jillian Terrell  
Mike Tierney★★  
Sandra Torode  
Joe Vaccaro  
Kathy Wade  
Patricia Wallis★★★  
MaryAnn Warner  
Connie Wayman★★★  
Marie Webber  
Cynthia Wells  
Lydia Weston  
Beverly Wiley  
Bette Willington  
Peggy Wilson  
Paul Wright  
Suzanne Wright  
Marie Zamore

### Boxford

Ramona Donahue

### Burlington

Judith Keown

### Danvers

Julie Curtis  
Helen M. Farnsworth  
John Flanagan  
Sumner Friedstein  
Kathleen Gabrielli  
Patricia Hale  
Mignonne Halpern  
Beverly Monigle★  
Ruth Ann Pelkey  
Joe Scott  
Sarah Zhitnik

### Essex

Mark Bappe  
Arthur Bernier  
Lisa Briggs  
David Cutter  
Sarah Cutter  
Rebecca Davis  
Beverly Dolinsky★  
Mary Dyan  
Laurel A. Eisenhauer  
Allison Falk  
Gilbert Frieden  
Nancy Frieden  
Millie Hamlen  
Kay Joseph  
Ellen Kaminski  
Carolyn Lawler  
Bette Mello★  
Paul Pennoyer  
Diane Polley  
Sally Ann Rich  
Claire Smith

## RSVP & SeniorCare Volunteers

Robert Smith  
Carla Symonds  
Ann Trudeau  
James Trudeau  
Anne Winter  
Joyce Woodman

### Georgetown

Bob Arnold

### Gloucester

Cleo Alexander  
Maiuza Alves  
Lea Alves★  
Eric Anderson  
Mark Babcock  
Cynthia Bellini  
John Berges  
Lydia Bertolino  
Josephine Billante★  
Deborah Blake  
Theresa Boudrow  
Beth Brau  
Lynn Breymer  
Lynne Caruso  
Rina Cavallini  
Claudette Chmura  
Tom Chmura  
Ida Christopher  
Joanne Clark  
Patty Colbert  
Doris Cole★★  
Margaret Coronel  
Adam Curcuru  
Neal Currie  
Joanne Cusato  
Patricia Danjo  
Irene Desmond  
Genevieve Dionne

Jacqueline A Dort  
James F. Dort  
Alissa Eck  
Christine Falk  
Charlotte Feener  
Stanley Feener  
Mary Fraelick  
Rick Fraelick  
Loren French  
Julia Garcia  
Jonathan Golding  
Peter Goodwin  
Serafina Goodwin★  
Lois Hamilton  
Barbara Harrison  
Thomas Harvey  
Robert M. Heineman  
Kathleen Hurlburt  
Bill Jeffery★★  
Robert Kelliher  
Susan Kelly  
LeeAnn Kennedy  
Dan Klein  
Jamie Klopotoski  
James Krieger  
Debora Krueger  
William Kyrouz  
Tina LaFlam  
Maureen Lawler  
Norm LeBel  
Tracie Lee  
Matthew Lundberg  
Rosemary Lundberg  
Maureen P. Malloy  
Joni Markinac  
Kerry McKenna  
Patricia McNally★★  
Tammy Mentus

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## RSVP & SeniorCare Volunteers

Margaret Mills Michael  
Barbara Miller★★★  
Stephen Miller★★★  
Jean Muniz  
David Murphy  
Barry Newmark  
Helene Nicholson★  
Rosalie Padre  
Edith Parisi  
Jennie Mary Parisi  
Joseph J. Parisi  
Cathy Petrie  
Ann Piette  
Mary-Agnes Randazza  
Salvatore Randazza  
Trish Roach  
Bea Robbins  
Richard Sagall  
Hilda Santos  
Kaitlyn Shaw  
Arthur Sheehan  
Barbara Sienkiewicz  
Natalie A Simon, Esq  
Sarah Slate  
Chris Smith  
Barbara Soreng★★  
Victoria Souza  
Ida Spinola  
Rona Tyndall  
Mirta Ulivi  
Maureen Vallis  
Elizabeth A. Veator  
Susan Wall  
JoAnn Walsh  
David White★  
Christine Willcox-Jones★  
Sheila Williamson  
Jane Wolf

### Groveland

Carl Much★★  
Charlie Wilkinson  
Sue Wilkinson

### Hamilton

Jennifer Bevilacqua★★★  
Bob Bonazoli  
William F. Bowler★★  
Connie Cobb  
Nancy Connor  
Nancy Day  
Eileen DeAngelis  
Betty Dunbar★★★  
Mary Famiglietti  
Susan Guest  
Marguerite Jermyn  
George LaMontagne★★  
Linda Layman  
Marlys Mahajan  
Frank Medeiros  
Jake Messina★★  
Sue Mulley  
John Joseph O'Keefe  
Mary O'Neil  
Maureen E. Pecukonis  
Brett Perryman  
Marquerite Poste  
Elizabeth Rossetti  
Bryan Schmidt  
Thomas Sears★★★  
Nazir Shamsuddin  
Adam Strozier  
Samantha Sutro  
Charlotte Teshko  
Deborah Vivian★★★  
David Wanger★  
Frances Wetterlow-Thibeault

## RSVP & SeniorCare Volunteers

### Haverhill

Cynthia Ferguson  
Paul Tariot

### Ipswich

Andrew Anderson-Bell  
Cory Bishop  
Deborah Carpenter  
Anthony Curcuru  
Bruce Davison  
Patricia Dieselman  
Marylou Fierro  
Mary Furry  
Richard D. Gore★  
Richard Greenberg  
Carol Grimes  
Lynn Grindall★  
Diana Hebert  
Erin Hoesly  
Paul J. Hurley★★★  
Jenelle Kanaday  
Michael Krizansky  
Bob Kurtz  
James Kurtz★  
Nancy Lindquist  
Judith H. Mansfield  
Christine Marsh  
Naomi Martinez  
James McGreevey  
Kathleen McGreevey  
Emily Nelson  
John O'Connor  
Christine Olthoff  
Susanne Pedersen  
Wayne Perrault  
Nancy Scanzani★  
Nancy Smith  
Ilia Stacy

Anne Swetland  
Mildred Taffe  
Bronwyn West★★

### Lynn

Maria O'Connor

### Manchester-by-the-Sea

Patricia Ambrose  
Bernadette Carr  
Abigail Considine  
Megan Davis  
James Diedrich  
Ellen Flatley  
Bruce Journey  
Elizabeth Kinder  
Abby Levendusky  
Bethany Newman  
George A. Nickless  
Geoffrey Pope★  
Elaine Quinn  
Kate Schwartz  
Larry Schwartz  
Dorothy Sieradzki  
Hope Watt-Bucci★  
Lisa Watt-Bucci★  
Susan A. Willis★★

### Marblehead

Peter Bowen  
Julia Soule★★  
Judith Takata

### Middleton

Jeanne Riddle★★★

### Newburyport

Joan Bertera

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## RSVP & SeniorCare Volunteers

### Peabody

David Boynton ★★  
Caralie Fritz  
John Fritz  
Esther Galpern  
Carrie Haskell  
Carole J. Isaacson  
Philip L. Isaacson  
John Marino  
Josephine Marino  
John J. McManus  
Wesley Merrill  
Catherine Morrocco  
Rita Solano  
Virginia Surdam  
Mary Thibodeau ★  
Roberta Tiplady  
Mary Ellen Widberg

### Rockport

Ron Alpert ★★  
Stephen Amazeen  
Sonja Anciello  
Sandy Anderson  
Stephen Attwood ★  
Bob Beattie  
Judith T. Bogage  
Elaine Boone  
Elaine Butter  
Elizabeth Caron  
Janis Collamore  
Emily Coyne  
John Doue  
Maureen Dwinell  
Ann M. Ferrante ★★★  
Carole Findley  
Christine George  
Leonard Goodman ★★  
Paula Hannon  
Susan Harmeling

Lynn Hildenbrand  
Sarah Holmes  
Joan Hurd  
Kathleen Kearns  
Richard Lorigan  
Donald Maier  
Jean Martin  
Juliana McGovern  
Carole McNair  
Jennie Mary Mordue  
John Mordue  
Thomas Moses ★  
Elizabeth Moulton  
Paul F. Muise ★  
Karen Muzio  
Tom Picariello  
Wallace Rowe  
Elizabeth Sullivan  
Patricia Turner  
Peter Van Demark  
Kathleen VanDemark ★  
Erin Vasington  
Margaret Warde  
Lenna Warner  
Jackie Welsh  
Molly Whelsky  
Mary York  
Joseph Zermani

### Salem

Doris Boghosian  
Desiree Dudonnet-Olsen  
Richard Garrett  
Mary Pax Lenney  
Jessica Peck  
Peter E. Porcello  
Rikki Provda-Tran  
Carol Quinn-LeBrun  
Helene Scott  
Susan Singer

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## RSVP & SeniorCare Volunteers

### Swampscott

Penny Carnevale  
Konstantin Freger  
Arthur McLeod

### Topsfield

Yvonne Anderson  
John Arathuzik  
Nancy Beirne  
Dexter Bishop  
Linda Bissell  
Florence Brady  
Mark Callahan  
Patricia Carroll  
Stephen Carroll  
Benjamin Celso  
Shirley Connelly  
Elaine Crippen  
Elizabeth Cullinan  
Kathleen Curran  
Chrysa DaCosta  
Martha Davis  
Janice Englehardt ★  
Jolene Guerra  
Bonnie Gulick  
Claire Hamson  
Nancy Hood ★★  
Norm Isler  
Abigail Jackson  
Ruth Lucy  
Mary MacDonald  
Vincent Mortellite  
Charlotte O'Toole  
Eileen Reichardt  
Penny Rogers  
Christine Roman  
Jim Rouvalis

Mary Sawall  
Vincent Scuzzarella  
Ildiko Tary  
Susan Whelton  
Kathleen Yanchus

### Wakefield

Hélène Quinn

### Wenham

Suzanne Cahill  
Martha Carr ★★  
JoAnn Clark  
Angela Cote  
John Cusolito  
Kelly Donahue  
Chris Goudie  
Alysha Hansen  
Anna Helfand  
Stephanie Mark ★  
Cecille Mazzella  
Cindy Menegoni  
Jennifer Perkin  
Phyllis Perkins  
Carol Rawston  
Virginia Rogers  
Jill Romano  
Anne Shaffer  
Amy Starr  
Thomas Tanous  
Suzanne Thomas  
Francois Wilhelm  
Mary Jane Wilhelm

### Florida

Phyllis Licis

### New Hampshire

Doris Harriman  
Paula Moore

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## In Memorium

**In loving memory of our  
dear volunteer friends who  
recently passed away.**

Joe Caron

Gloria Celso

Audrey Coughlin

Grace F. Favazza

Alberta Gately

Max Levi

Marlene McGinnity

Arline F. Moore

Beryl Ramsdell

Edward Roman

Richard Smith

George Winston

*"The song has ended,  
but the melody lingers on"*

Irving Berlin

Ombudsmen provide a voice for vulnerable adults who might otherwise go unheard.

### What is an Ombudsman?

Ombudsmen are advocates for residents' rights and quality of care. They resolve residents' complaints, educate consumers and providers, and provide information to the public on nursing homes and other long-term care facilities.

Volunteers are needed for this critical service. For information, call SeniorCare at 978-281-1750 and ask to speak with the Ombudsman Program Director.



## SeniorCare

Elder Services | Information | Solutions

### **MONEY MANAGEMENT PROGRAM**

Do you know someone who has missed a bill payment or paid a bill twice? SeniorCare's **Money Management Program** can help that someone!

Can you balance your checkbook in your sleep? The **Money Management Program** can use your help!

For information on the **Money Management Program** contact Gil Frieden at [Gil.Frieden@seniorcareinc.org](mailto:Gil.Frieden@seniorcareinc.org)

or call **978-281-1750**.





## **SeniorCare, proud sponsor of RSVP Volunteers of the North Shore**

RSVP is a federally funded program and is sponsored locally by SeniorCare Inc., and nationally by AmeriCorps. Our program has more than 400 active volunteers serving in Beverly, Danvers, Essex, Gloucester, Hamilton, Ipswich, Manchester-by-the-Sea, Marblehead, Peabody, Rockport, Salem, Topsfield & Wenham.

RSVP Volunteers of the North Shore partners with and places volunteers with the following agencies: Beverly COA, Essex COA, Gloucester COA, Ipswich COA, Needymeds.org, Peabody COA, Rockport COA, Salem COA, SeniorCare Inc., The Open Door, Topsfield COA and Wenham COA, and has established relationships with many more non-profit agencies throughout the communities we serve.

**AmeriCorps Seniors** highlights the service opportunities available to Americans 55 and older who want to make giving back their second act.

AmeriCorps is the only federal agency tasked with elevating service and volunteerism in America. We provide opportunities for people of all ages and backgrounds to give their time and talent to strengthen communities across our country. We offer individuals and organizations flexible ways to make a local impact through our programs: VISTA, NCCC, Foster Grandparents, Senior Companions, RSVP, and Volunteer Generation Fund, along with initiatives including 9/11 and MLK Day of Service.

**We bridge divides by bringing people together; connecting individuals and organizations to help communities tackle their toughest challenges.**



## Mission Statement

SeniorCare Inc., a consumer centered organization, provides and coordinates services to elders and others, enabling them to live independently at home or in a setting of their choice while remaining part of their community.

## Board of Directors

Kathleen Van Demark, MD, Co-President, Rockport  
Thomas E. Sullivan, MD, Co-President, Beverly  
Carol Grimes, Treasurer, Ipswich  
Laurel A. Eisenhauer, Ph.D., Clerk, Essex  
Maiuza Alves, Gloucester  
William Bowler, Esq., Hamilton  
Adam Curcuru, Gloucester  
Maureen Dwinell, Rockport  
Mary E. MacDonald, Topsfield  
Randolph D. Maloney, MD, FACS, Beverly  
George Nickless, Manchester-by-the-Sea  
Nazir Shamsuddin, At-Large  
Ilia Stacy, Ipswich  
Thomas Tanous, Wenham  
Rev. Rona Tyndall, Gloucester

## Advisory Council

Patricia Ambrose, Chair, Manchester-by-the-Sea  
Elizabeth Dunbar, Vice Chair, Hamilton  
Richard J. Sagall, MD, Secretary, Gloucester  
William J. Coughlin, Beverly  
Beverly Dolinsky, Essex  
Jerome J. Guilebbe, Beverly  
Kathleen M. Hurlburt, Gloucester

### **SeniorCare Inc.**

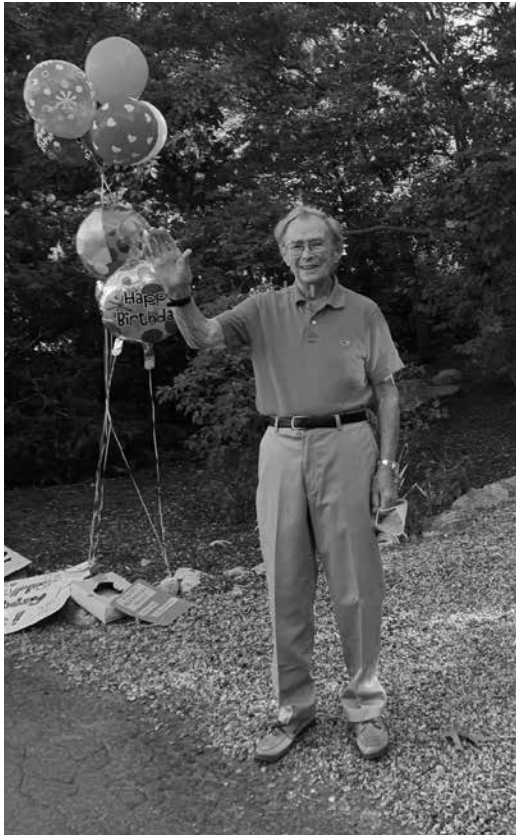
**Main Office:** 49 Blackburn Center, Gloucester, MA 01930  
**Beverly Office:** 100 Cummings Center, Suite 106-H, Beverly, MA 01915  
978-281-1750 • [www.seniorcareinc.org](http://www.seniorcareinc.org) • TTY 978-282-1836

*Beverly, Essex, Gloucester, Hamilton, Ipswich, Manchester by-the-Sea, Rockport, Topsfield, Wenham*

# VOLUNTEERS SAVE THE DAY!



Since March 2020, more than 15 talented Volunteers have donated 2,000+ homemade masks, which have been distributed throughout the community



Wenham RSVP Volunteer, Jill, organized a Veterans Day letter writing project with her neighbors

RSVP Volunteer Max celebrated his 99th birthday in June 2020. Max volunteered for 10 years at NeedyMeds and, until his recent passing, staff looked forward to seeing him each week. It was a wonderful relationship, cherished by all.



## March for Meals

In March, our team of amazing RSVP Volunteers, Drivers and Meal Site Staff gathered at Lynch Park (above) and Stage Fort Park (below) to highlight the March for Meals America campaign, helping to raise awareness of the Meals on Wheels program!

Watch a video about March for Meals at:  
[www.SeniorCareInc.org/march-for-meals-2021](http://www.SeniorCareInc.org/march-for-meals-2021)  
*Thank you Jonathan Golding and Amit Agarwal for editing this video.*



**We proudly support**

SeniorCare and  
RSVP Volunteers  
of the North Shore



Rehabilitation Hospital  
of New England at Beverly

800 Cummings Center, Suite 147-U  
Beverly, MA 01915  
781.939.1875  
[encompasshealth.com/  
newenglandrehab-beverly](http://encompasshealth.com/newenglandrehab-beverly)

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**“We  
rise  
by  
lifting  
others”  
Robert Ingersoll**



**All volunteers  
will be entered  
for raffle prize  
drawings during  
the month of April  
Good Luck!**

**30 Raffle Prizes Include:**  
Azorean Restaurant  
Cabot Theatre Movie Tickets  
JoAnn Fabric  
Ace Garden Gift Bag  
Cape Ann Gift Certificate  
Amazon  
99 Restaurant  
Massage Envy  
Walgreens  
Marshalls  
Whole Foods  
Starbucks  
Seaport Grille  
Zumi's Café  
Visa Gift Card  
Dunkin Donuts  
Market Basket  
Bertucci's  
AMC Theater  
Depot Diner and more . . .

**Thank you to everyone who contributed to the raffle:**  
Ace Hardware • Azorean Restaurant  
The Cabot • Salem COA  
NeedyMeds • Starbucks • Cape Ann Savings Bank  
SeniorCare Nutrition Department, Board of Directors,  
Nurses, HomeCare, Community, Protective Services,  
and individual SeniorCare Staff

**(All winners will be notified by phone or email)**

*Cape Ann Savings Bank proudly supports SeniorCare*

**LOCAL PEOPLE.  
LOCAL BANKING  
SINCE 1846.**

GLOUCESTER  
MANCHESTER-BY-THE-SEA  
ROCKPORT

**CAPEANNSAVINGS.BANK**

**888.283.2272**



Member **FDIC** MEMBER BANK **DIF** EQUAL HOUSING LENDER

## Meals on Wheels

The year 2020 was an extraordinary one for the Nutrition Program. As the pandemic hit and the state-ordered shut down went into effect, we received an overwhelming response from the community and staff, ready to help. Volunteers were quickly signed up and trained to help in place of many of our long-time volunteers who had to temporarily step back during the pandemic.

Our Nutrition staff quickly put safety procedures and protocols in place, working together with the meal site staff and drivers. We changed to a contactless delivery, and our drivers pivoted from going inside an elder's home with a brief conversation to leaving each meal in a bag outside of an elder's home, with a knock and hello, or a wave through a window.

Through the efforts and generosity of community groups, local businesses and volunteers, we have been able to provide enough PPE so that our volunteers have face masks, hand sanitizer and wipes to keep everyone safe. The number of consumers and meals we deliver has increased rapidly, and as we needed more volunteers, we took over most of the space at our sites to be able to safely keep up with the demand. Our drivers have been consistently delivering extra shelf stable and frozen meals to consumers throughout this time.

An amazing job continues to be done by our site managers and drivers. Thanks to their work, we can continue this essential service for elder consumers who receive their home delivered meals safely along with an informal wellbeing check.

**We are all very grateful for all the hard work and dedication of the volunteers!**



MOW Volunteer Jennifer delivering meals in Hamilton



MOW Volunteer Norm and Site Manager Charlene delivering meals in Manchester



Marla (seated on left) getting picked up from Nancy, a Volunteer Medical Transportation Driver (standing on right)

## Medical Transportation

SeniorCare's Volunteer Medical Transportation Program has been able to continue providing transportation during this past year without interruption. Safety protocols were developed which allowed our team of volunteers to continue providing rides to essential medical appointments for our elder neighbors who needed them, while ensuring the safety of both consumer and volunteer.

Ruth, Theresa & Carole held Zoom Trainings to educate and review new safety procedures with the volunteer drivers. It was wonderful to see, hear and connect with the volunteers and see familiar faces! Safety procedures and guidelines were quickly developed and put into place, while a generous supply of donated and purchased PPE was provided to the drivers and consumers, keeping everyone as safe as possible.

In 2020, our team of 29 volunteer drivers provided more than 500 round trip rides for 100+ elder consumers, who otherwise may not have been able to gain access to their much-needed medical care. Kudos to our team of amazing Volunteer Medical Drivers! Their cars are fueled by their kind hearts and souls.

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**ESPECIALLY WHEN  
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**We are Proud to Support  
SeniorCare Volunteers.**

*Volunteers Save the Day!*

We remain true to our vision to positively affect the lives of every person, business and organization within the communities we serve.

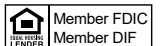


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## In The News: Endicott College Student Interns working with RSVP

Over the last two months, RSVP has been working together with an Endicott College Professor and five Psychology Student Interns on a project to help develop a friendly visitor program. The students have been making calls to older adults who reside in SeniorCare's 9 cities and towns, to determine if they are interested in potentially being matched with a friendly visitor. In addition, students are asking if they are interested in receiving help with using technology.

We are excited about the responses so far, and look forward to matching volunteers with consumers as the program is developed further. The students have been a wonderful addition to the RSVP Program, and are enjoying their weekly calls and conversations!

## Confused about Medicare? SHINE can help!

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## VOLUNTEERS SAVE THE DAY!



Beverly resident & Beverly Senior Center RSVP Volunteer Peggy Wilson (2nd from left) was honored in August 2020 as "Beverly's Senior of the Year!" Peggy helps organize and co-lead the Tuesday afternoon Knitting and Crocheting group at the Beverly Senior Center.



Long time Project Warm Friends RSVP Volunteer knitter and crafter, Bev Wiley, creates, gathers and donates thousands of beautiful handmade items each year together with the "Busy Needles" Knitting Group.

Through a partnership with Santa's Magic, SeniorCare's Project Warm Friends program has been connected with Peggy Wilson and the Beverly Senior Center's knitting group for many years. Jim Nentwig, Santa's Magic Founder, frequently visits Peggy and her husband to pick up hundreds of donated items for their program, which provides gifts of love to Veterans during the holidays. Jim has expressed deep gratitude and admiration for Peggy, noting that she gives so much of herself with such joy.



Volunteers helped to sort the donations for nonprofits. (photo prior to covid)

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“You make a living by what you get. You make a life by what you give.”

# START HERE GET THERE



Thank you to the volunteers  
that save the day—every day!

Volunteers are the people who make our Cape Ann community so special! They put their time, their effort and their heart into everything they do. We couldn't be more proud to sponsor the 2021 SeniorCare “Volunteers Save the Day” event!

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